Self-force in black hole scattering: a scalar-field toy model

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Talk outline

A) Background: gravitational self-force and scattering

- B) Scalar-field toy model
- C) Frequency-domain numerical approach
- D) Resumming PM results using SF
- E) Large radius asymptotics of the SF

See also talk by O. Long after the coffee break

PART A: Background

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The 2-body problem in GR: approaches



[Image credit: L. Barack & A. Pound]

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Extreme mass ratio inspirals (EMRIs)

• Highly asymmetric compact binaries. Typical mass ratios

$$q \sim rac{10 M_\odot}{10^6 M_\odot} = 10^{-5} \ll 1$$
 (1)

 Inspiral slow compared to orbital periods:

$$T_{\rm RR} \sim T_{\rm orb}/q \gg T_{\rm orb}.$$
 (2)

 Large number of gravitational wavecycles in LISA band before merger:

$$N_{\rm orb} \sim 1/q \sim 10^5$$
. (3)

[Created using KerrGeodesics package from BHP toolkit.]



- Orbital dynamics complicated. Geodesics tri-periodic and generically ergodic.
- EMRIs offer a precision probe of strong-field geometry around black-holes.

Self-force expansion

Metric of the physical spacetime is expanded about background as a series in $q := m_1/m_2 \ll 1$,

$$g_{\alpha\beta}^{\rm phys} = g_{\alpha\beta} + qh_{\alpha\beta}^{(1)} + q^2h_{\alpha\beta}^{(2)} + \dots$$
(4)

- 0SF: Background metric g_{αβ}. Smaller object moves along fixed background geodesic.
- 1SF: Perturbation $h_{\alpha\beta}^{(1)}$ sourced by point particle on fixed background geodesic. Leading order conservative and dissipative self-forces $\propto q$.
- 2SF: Perturbation $h_{\alpha\beta}^{(2)}$ sourced by particle on 1SF-perturbed trajectory. Gives rise to additional self-force terms $\propto q^2$.

Particle description derived, not assumed.

Self-force scatter: scalar-field model

1SF equation of motion

 Metric perturbation may be split into regular and singular fields, [Detweiler & Whiting 2003]

$$h_{\alpha\beta} = h^R + h^S, \tag{5}$$

defined in terms of certain acausal Green's functions.

• Only $h_{\alpha\beta}^R$ contributes to the self-force. For example, at 1SF order,

$$\frac{Du^{\alpha}}{d\tau} = q \nabla^{\alpha\beta\gamma} h^{R(1)}_{\beta\gamma} \Big|_{z(\tau)} + O(q^2), \tag{6}$$

where

$$\nabla^{\alpha\beta\gamma}h_{\gamma\beta} := -\frac{1}{2} \left(g^{\alpha\beta} + u^{\alpha}u^{\beta} \right) u^{\gamma}u^{\delta} \left(2\nabla_{\delta}h_{\beta\gamma} - \nabla_{\beta}h_{\gamma\delta} \right).$$
(7)

Computational approach: mode-sum regularisation

• Singular field subtracted mode-by-mode in a spherical harmonic expansion around the large BH:

$$F_{\text{self}}(\tau) = m \sum_{\ell=0}^{\infty} \left[\left(\nabla h^{\text{ret}} \right)^{\ell} - \left(\nabla h^{\text{S}} \right)^{\ell} \right]_{z(\tau)}$$

$$= \sum_{\ell=0}^{\infty} \left[m \left(\nabla h^{\text{ret}} \right)^{\ell} \Big|_{z(\tau)} - A(z)\ell - B(z) - C(z)/\ell \right] - D(z).$$
(8)

- Regularization parameters: derived analytically for generic Kerr orbits. [Barack & Ori 2000-03]
- Numerical input: modes of $h_{\alpha\beta}^{\text{ret}}$ calculated numerically by solving perturbation equations with point-particle source and retarded BCs.

Scatter geodesics in Schwarzschild

Different parameterisations:

- Energy and angular momentum: E>1 and $L>L_{\mathrm{crit}}(E)$
- Eccentricity and semi-latus rectum: e and p > 6 + 2e
- Velocity at infinity and impact parameter: 0 < v < 1 and $b > b_{\mathrm{crit}}(v)$

Why study scattering?

- Theoretical grounds:
 - Can probe sub-ISCO region even at low velocities; down to light ring r = 3M with large v.
 - 2 Scattering angle $\chi(b, v)$ defined unambiguously, even with radiation.
- Boundary-to-bound relations between scatter and bound orbit observables, derived using effective-field-theory. [Kalin & Porto 2020]
- $\chi_{1\rm SF}$ determines **full** conservative dynamics to 4PM, valid at *any* mass ratio. Extend to 6PM with $\chi_{2\rm SF}$ [Damour 2020]. PM expansion of χ can be used to calibrate effective-one-body models [Damour 2016].
- Can compare SF results with analytical PM for mutual validation; benchmark/calibrate PM in strong-field (see resummation).

PART B: Scalar-field toy model

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Scalar-field toy model in Schwarzschild

• Toy model: scalar charge Q with mass m_1 moving in a background Schwarzschild spacetime of mass m_2 :

$$\nabla^{\mu}\nabla_{\mu}\Phi = -4\pi Q \int_{-\infty}^{+\infty} \frac{\delta^4(x - x_p(\tau))}{\sqrt{-g(x)}} d\tau.$$
 (9)

- Scalar-field calculation captures the main challenges of gravitational self-force calculations, in a simpler overall framework.
- Parameter $q_s:=Q^2/(m_1m_2)\ll 1$ takes the role of the mass ratio.

Scalar-field self-force

• Equation of motion: 4-momentum $m_1 u^{\alpha}$ evolves according to

$$\frac{D}{d\tau}(m_1 u^{\alpha}) = Q \nabla^{\alpha} \Phi^R.$$
(10)

• Component parallel to u^{α} controls mass variation:

$$\frac{dm_1}{d\tau} = -Q\frac{d\Phi^R}{d\tau} \implies m_1(\tau) = m_1^{\text{rest}} - Q\Phi^R(\tau).$$
(11)

• Projection orthogonal to u^{α} defines the scalar-field self-force:

$$m_1 \frac{Du^{\alpha}}{d\tau} = Q \left(\delta^{\alpha}_{\beta} + u^{\alpha} u_{\beta} \right) \nabla^{\beta} \Phi^R =: m_1 q_s F^{\alpha}.$$
(12)

Self-force correction to the scatter angle

• Scatter angle expanded as

$$\chi = \chi^{(0)} + q_s \delta \chi, \tag{13}$$

where $\chi^{(0)}$ is the scatter angle of the geodesic with the same (b, v).

• Correction expressed as integral over the worldline, [Barack & Long 2022]

$$\delta \chi = \int_{-\infty}^{+\infty} A_{\alpha}(\tau; b, v) F^{\alpha}(\tau) d\tau.$$
(14)

At O(q), integral may be evaluated along limiting geodesic.

• Can split into conservative and dissipative pieces using orbital symmetries:

$$F_{\alpha}^{\text{cons}}(r,\dot{r}_{p}) = -F_{\alpha}^{\text{cons}}(r,-\dot{r}_{p}), \quad F_{\alpha}^{\text{diss}}(r,\dot{r}_{p}) = F_{\alpha}^{\text{diss}}(r,-\dot{r}_{p}) \quad (\alpha = t,\varphi)$$
(15)

Scalar-field self-force in terms of amplitudes

• Action: $S = \int d^D x \sqrt{-g} \left[-\frac{2}{\kappa^2} R + \frac{1}{2} \phi_1 (\Box + m_1^2) \phi_1 + \frac{1}{2} \phi_2 (\Box + m_2^2) \phi_2 + \frac{1}{2} \psi \Box \psi + \frac{1}{2} Q \psi \phi_1^2 \right]$

 $\phi_{1,2}$ black holes, scalar field ψ .

• 3-point vertices:



• Keep terms which are linear in mass-ratio and proportional to Q^2



[Cheung, Rothstein, Solon] [Bern, Cheung, Roiban, Shen, Solon, Zeng]

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PART C: Frequency domain numerical approach

Spherical harmonic decomposition

• Scalar field decomposed in basis of spherical harmonics,

$$\Phi = \frac{Q}{r} \sum_{\ell=0}^{\infty} \sum_{m=-\ell}^{+\ell} \psi_{\ell m}(t,r) Y_{\ell m}(\theta,\varphi).$$
(16)

• Field equation becomes:

$$-\frac{\partial^2 \psi_{\ell m}}{\partial t^2} + \frac{\partial^2 \psi_{\ell m}}{\partial r_*^2} + V_{\ell}(r)\psi = S(t,r)\delta(r-r_{\rho}(t)).$$
(17)

• Time-domain numerical treatment in [Barack & Long 2022] using double null coordinates and characteristic grid.

Frequency-domain methods

• Field equation reduced to ODEs using Fourier decomposition:

$$\psi_{\ell m}(t,r) = \int_{-\infty}^{+\infty} \psi_{\ell m \omega}(r) e^{-i\omega t}.$$
 (18)

- Frequency-domain (FD) self-force methods highly valued for their accuracy and efficiency for bound orbits:
 - ► SF along generic bound geodesics in Kerr. [van de Meent 2018].
- FD methods expected to retain these advantages when moving to unbound orbits, but challenges must be overcome:
 - Continuous spectrum.
 - Failure of EHS method.
 - Slowly convergent radial integrals.
 - Cancellation during TD reconstruction.

Scalar-field toy model

• Field equation becomes

$$\frac{d^2\psi_{\ell m\omega}}{dr_*^2} - \left[V_\ell(r) - \omega^2\right]\psi_{\ell m\omega} = S_{\ell m\omega}(r).$$
(19)

 Admits homogeneous solutions ψ[±]_{ℓω}(r) obeying retarded BCs at either horizon or infinity. Retarded inhomogeneous solution constructed using variation of parameters:

$$\psi_{\ell m \omega}(r) = \psi_{\ell \omega}^{+}(r) \int_{r_{\min}}^{r} \frac{\psi_{\ell \omega}^{-}(r') S_{\ell m \omega}(r')}{W_{\ell \omega} f(r')} dr'$$

$$+ \psi_{\ell \omega}^{-}(r) \int_{r}^{+\infty} \frac{\psi_{\ell \omega}^{+}(r') S_{\ell m \omega}(r')}{W_{\ell \omega} f(r')} dr'$$
(20)

• Gibbs phenomenon: impractical to reconstruct SF modes from physical solution $\psi_{\ell m \omega}(r)$.

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Extended homogeneous solutions [Barack, Ori & Sago 2008]

• Method of Extended Homogeneous Solutions restores exponential, uniform convergence.



Extended homogeneous solutions: unbound orbits

- Physical time-domain field is reconstructed piecewise from **homogeneous** solutions.
- For example, SF modes in the "internal" region r ≤ r_p(t) reconstructed from

$$\tilde{\psi}_{\ell m\omega}^{-}(\mathbf{r}) := C_{\ell m\omega}^{-} \psi_{\ell\omega}^{-}(\mathbf{r}), \qquad (21)$$

where normalisation the factor $C_{\ell m\omega}^-$ is such that EHS and physical field coincide in $r \leq r_{\min}$.

• For unbound orbits, EHS cannot be used to reconstruct field in the "external" region $r > r_p(t)$.

We use EHS and one-sided mode-sum regularisation

Truncation problem

• Normalisation factor $C_{\ell m\omega}^-$ can be expressed as an integral over the (unbounded) radial extent of the orbit:

$$C_{\ell m \omega}^{-} = \int_{r_{\min}}^{+\infty} \frac{\psi_{\ell \omega}^{+}(r') S_{\ell m \omega}(r')}{W_{\ell \omega} f(r')} dr'.$$
⁽²²⁾

- Slow, oscillatory convergence: problems truncating at finite r_{max} .
- Developed solutions:
 - Tail corrections: use large-r approximation to integrand to derive analytical estimates to the neglected tail.
 - Integration by parts (IBP): use IBP to increase decay rate of integrand.





Example $C^-_{\ell m \omega}$ spectra for orbit E = 1.1, $r_{\min} = 4M$. Note QNM features.



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Self-force: regularisation tests



FD code agrees better with regularisation parameters at this radius

$$F(\tau) = \sum_{\ell=0}^{\infty} \left[q \left(\nabla \Phi^{\text{ret}} \right)^{\ell} \Big|_{z(\tau)} - A(z)\ell - B(z) - C(z)/\ell - H.O.P \right] - D(z)$$

Cancellation problem

- Significant cancellation between low-frequency modes at large ℓ and r.
- Caused by unphysical growth of the EHS field.
- Problem intrinsic to EHS approach. Afflicts scatter calculations more severely than bound orbit case.



Partially mitigate using dynamic $\ell\text{-truncation}$ in the mode-sum.

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Self-force: along orbit



Gradual loss of accuracy along orbit due to progressive loss of ℓ -modes.

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PART D: Resumming PM results using SF

Geodesic resummation

• As $b
ightarrow b_c(v)$, geodesic scatter angle diverges

$$\chi_{\rm OSF} \sim A(v) \log \left(1 - \frac{b_c(v)}{v}\right) + const(v) + \dots$$
 (23)

 Resum PM results using singularity structure, similar to [Damour & Rettegno 2023]. Introduce

$$\Psi_{\rm OSF}^{\rm nPM}(b,v) := A(v) \left[\log \left(1 - \frac{b_c(v)}{b} \right) + \sum_{k=1}^n \frac{1}{k} \left(\frac{b_c(v)}{b} \right)^k \right].$$
(24)

• Resummed scattering angle

$$\tilde{\chi}_{0\text{SF}}^{\text{nPM}}(b,v) = \chi_{0\text{SF}}^{\text{nPM}}(b,v) + \Psi_{0\text{SF}}^{\text{nPM}}(b,v).$$
(25)

Matches nPM result in $b \to \infty$ limit, logarithmic divergence of χ_{0SF} as $b \to b_c(v)$.

Geodesic resummation: results



$\delta\chi_{1\mathrm{SF}}$ near the transition to plunge



Find $\delta \chi_{1SF} \sim 1/(b - b_c(v))$ as $b \to b_c(v)$.

1SF resummation

• Divergence

$$\delta\chi_{1SF} \sim q_s B(v) \frac{b_c(v)}{b - b_c(v)} \text{ as } b \to b_c(v).$$
(26)

Introduce

$$\Psi^{\mathrm{nPM}}(b,v) := A\left[\log\left(1 - \frac{b_c(v)(1 - q_s B/A)}{b}\right) + \sum_{k=1}^n \frac{1}{k} \left(\frac{b_c(v)(1 - q_s B/A)}{b}\right)^k\right].$$
(27)

• 1SF-resummed scatter angle

$$\tilde{\chi}^{\mathrm{nPM}}(b,v) := \chi^{\mathrm{nPM}}(b,v) + \Psi^{\mathrm{nPM}}(b,v).$$
(28)

Matches *nPM* result in $b \to \infty$ limit, and 0SF and 1SF divergences as $b \to b_c(v)$.

• Coefficient B(v) extracted numerically.

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1SF resummation: results (preliminary)





Improvement compared to geodesic resummation.

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PM resummation: additional developments (preliminary)

- **High velocities:** large-*l* modes become more important at higher velocities.
 - Possibly related to relativistic beaming of radiation.
 - Effect strongest near periapsis.
 - ► FD code can get ℓ ≥ 15 modes near periapsis.
 - Developing FD/TD hybrid method.



Direct approach: express B(v) as integral over critical orbit, b = b_c(v).

- Only need to calculate SF along critical orbit. More accurate and efficient than fitting.
- Numerical methods need some modification e.g. for FD must handle distributional piece of spectrum arising from asymptotic circular orbit.

PART E: Large radius asymptotics of the SF

Analytical calculation: overview

- Want analytical expressions for scalar-field/self-force as $t \to \pm \infty$ as an expansion in $1/r_p$:
 - Supplement FD code at large radii.
 - 2 Supplement TD codes, evolve over shorter periods.
 - **O** Provide initial conditions to TD evolutions, reducing junk radiation.
 - 4 Large-r tails in scatter angle integrals.
- Makes use of a hierarchical expansion introduced in [Barack 1999],

$$\begin{split} \psi_{\ell m}(u,v) &= \sum_{n=0}^{\infty} \psi_n(u,v), \\ \psi_{0,uv} + V_0(\ell;r)\psi_0 &= S_{\ell m}(u)\delta(v-v_p(u)), \\ \psi_{n,uv} + V_0(\ell;r)\psi_n &= -\delta V(\ell;r)\psi_{n-1} \quad (n \geq 1), \end{split}$$

$$V_0(\ell > 0; r_* < R) := 0; \quad V_0(\ell > 0; r_* \ge R) := \frac{\ell(\ell+1)}{4r_*^2}; \quad V_0(\ell = 0; r) = \delta(R)/M,$$

 $\delta V(\ell; r) = V(\ell; r) - V_0(\ell; r)$ and $-\infty \ll R \ll r_{\min*}$ is some cut-off.

Analytical calculation: ψ_0 order (preliminary)

$$\psi_0(u,v) = \int_{-\infty}^{u} du' \int_{-\infty}^{v} dv' \ G(u,v;u',v') S(u') \delta(v'-v_p(u'))$$
(29)



- Next-to-leading order piece $\sim 1/r_p^3$:
 - Calculation incomplete.
 - Expect NLO orbit terms to contribute to the leading-order SF.

Analytical calculation: ψ_1 order (preliminary)

Multiple integration with 2 Green's functions:

$$\psi_{1}(x) = -\int_{-\infty}^{u} du' \int_{-\infty}^{v} dv' G(x; x') \delta V(r') \psi_{0}(x')$$

$$= -\int_{-\infty}^{\tilde{u}(u,v)} du'' \int_{u''}^{u} du' \int_{v_{p}(u'')}^{u} dv' G(x; x'), \delta V(r') G(x'; u'', v_{p}(u'')) S(u'')$$
(30)

where x := (u, v) etc., $\tilde{u} = u$ for $v \ge v_p(u)$ and $\tilde{u} = u_p(v)$ for $v < v_p(u)$.

- Leading order piece $\sim 1/r_p^3$:
 - Contributes to leading-order SF.
 - Integral divided into many sections many do not contribute.
 - Calculation ongoing.

Summary

- Scattering is now a well-established application of SF. SF complements other available approaches.
- Scalar-field toy model used extensively for method development.
- Time and frequency domain numerical approaches available. FD more accurate in strong field, but deteriorates further away.
- SF data may be used to resum PM results, extending validity of the latter.
- Numerical SF calculations may be complemented and improved by analytical results for the SF at early/late time.