

# Role of conservation laws and fluxes in the **self-organization** of turbulence

Anna Frishman, Technion, Israel

**New Directions in Theoretical Physics 5,  
Jan 6th - Jan 9th 2026, Edinburgh**

# Outline

1. Turbulence why its everywhere and why its difficult
2. Simple picture for 3D turbulence, 2D turbulence (self-organization)

## 3D turbulence + rotation

4. What is the puzzle? (self-organization into 2D structures)
5. The role of waves (self-organization + wave turbulence)
6. Explaining the energy partition between 3D and 2D modes

# Waves drive the rise and fall of 2D flows in rotating turbulence

Anna Frishman, Technion, Israel



**Sébastien Gomé**

arXiv:2512.05253, arXiv:2509.18323

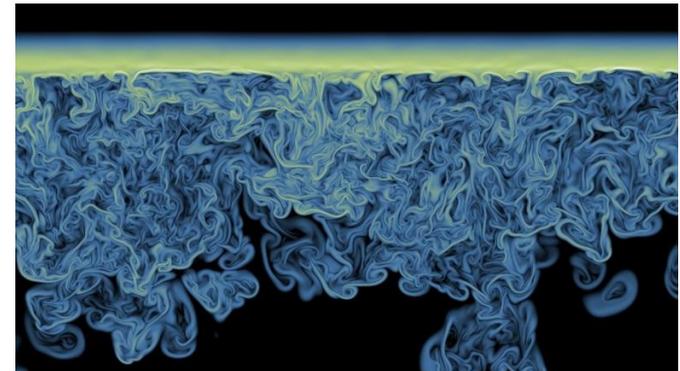
**New Directions in Theoretical Physics 5,  
Jan 6th - Jan 9th 2026, Edinburgh**

# Turbulence: I know it when I see it



Visualization of turbulence  
(temperature gradient in a cloud)

Mellado JFM (2010).



# The control parameter: Reynolds number

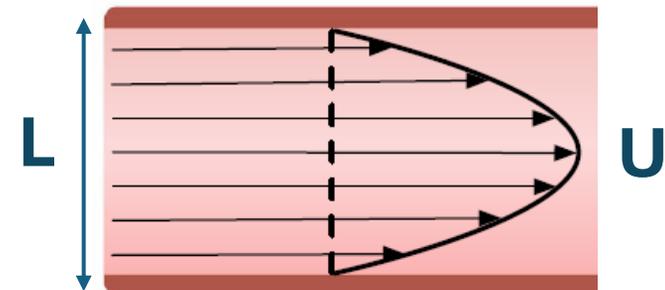
**Inertia:** Flow rate increases with increasing  $U$ ,  $L$

**Friction:** **Viscosity**, fluid property:  $\nu$  [ $m^2$ ]/[ $sec$ ]

$$Re = \frac{UL}{\nu}$$

**Navier-Stokes**

$$\begin{aligned}\partial_t \mathbf{u} + \mathbf{u} \cdot \nabla \mathbf{u} &= -\nabla p + Re^{-1} \nabla^2 \mathbf{u}, \\ \nabla \cdot \mathbf{u} &= 0\end{aligned}$$



# The control parameter: Reynolds number

**Inertia:** Advection – **non-linear** effect

**Friction:** Loss of kinetic energy

$$\partial_t \mathbf{u} + \mathbf{u} \cdot \nabla \mathbf{u} = -\nabla p + Re^{-1} \nabla^2 \mathbf{u}, \quad \nabla \cdot \mathbf{u} = 0$$

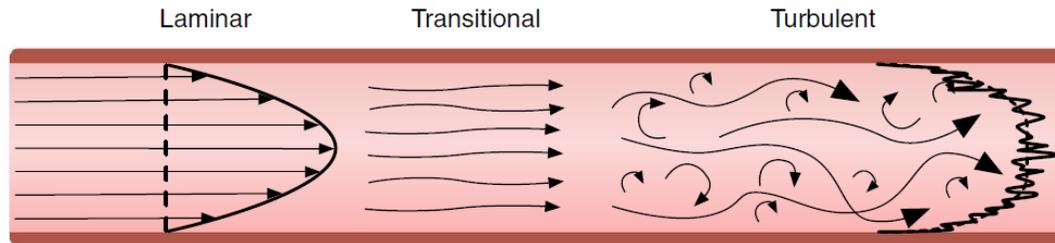
$$Re = \frac{UL}{\nu}$$



# The control parameter: Reynolds number

**Inertia:** Advection – **non-linear** effect

**Friction:** Loss of kinetic energy



$$Re = \frac{UL}{\nu}$$

Increasing non-linearity →



$$\partial_t \mathbf{u} + \mathbf{u} \cdot \nabla \mathbf{u} = -\nabla p + Re^{-1} \nabla^2 \mathbf{u},$$
$$\nabla \cdot \mathbf{u} = 0$$

# Typical Re is large!

**Inertia:** Advection – **non-linear** effect

**Friction:** Loss of kinetic energy

$$Re = \frac{UL}{\nu} \sim 10^4$$

Water:  $\nu = 10^{-6} \frac{\text{m}^2}{\text{s}}$



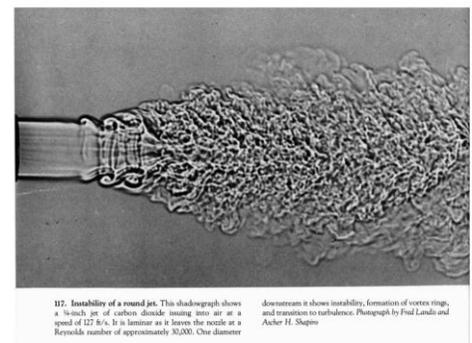
# Turbulence across systems and scales

Turbulent mixing

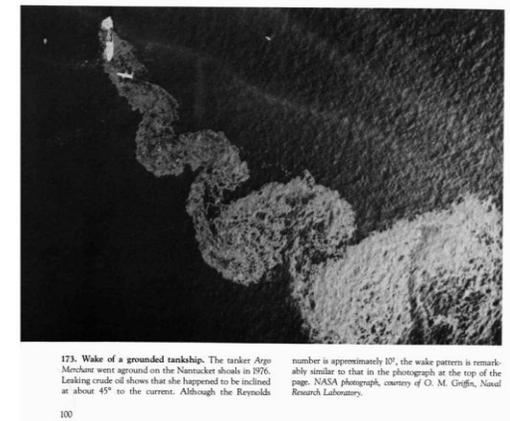


Image from: Majchrzak et al, *Energies* (2023).

Turbulent Jet



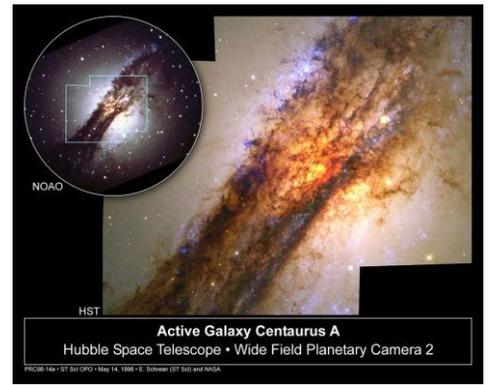
Wake behind a ship



Turbulence in rivers and clouds



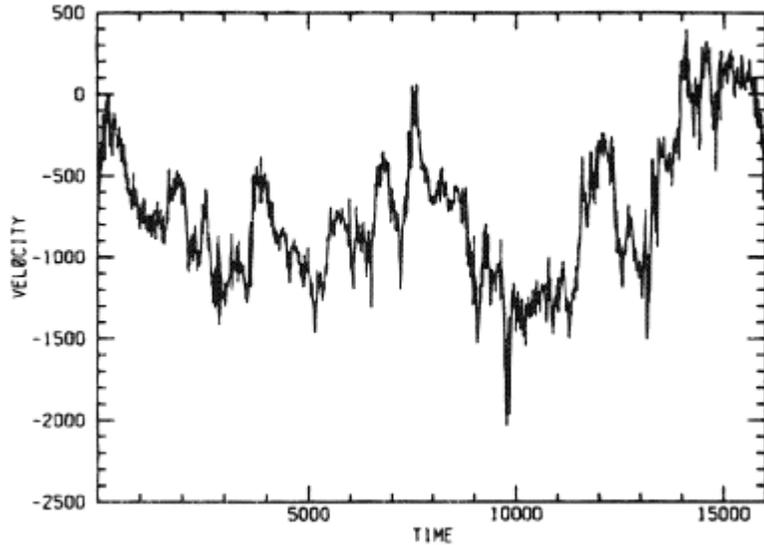
Turbulence in dust clouds



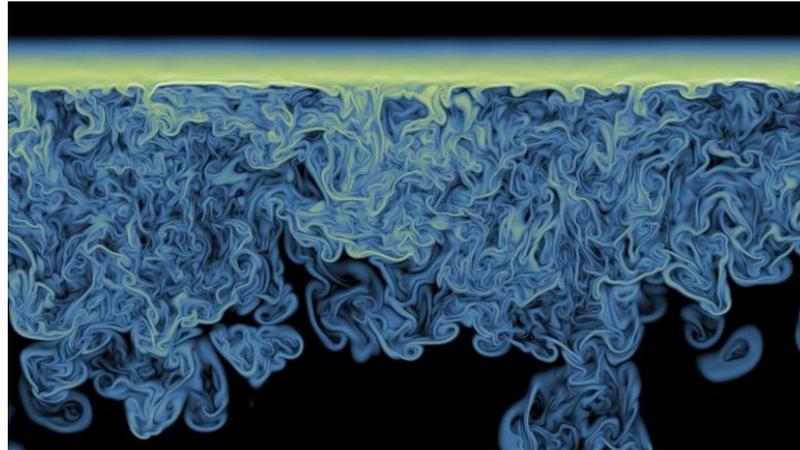
Fully developed turbulence = limit of  $Re \rightarrow \infty$

# Statistical mechanics of flow fields

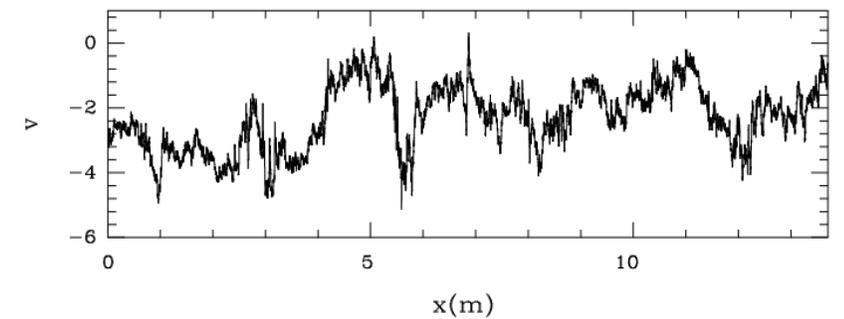
Velocity time series at a point



Sreenivasan (1991)



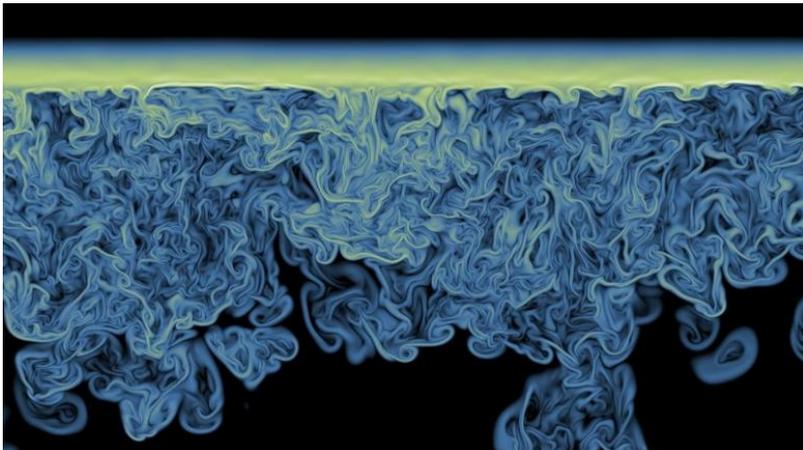
Velocity spatial variation at a given time



Arneodo et al (1997)

# Statistical theory of Turbulence?

- Strongly interacting (highly non-linear,  $Re \rightarrow \infty$ )
- Driven far from equilibrium (fluxes play a key role)
- Long range interactions (sound waves equilibrate pressure)



$$\begin{aligned}\partial_t \mathbf{u} + \mathbf{u} \cdot \nabla \mathbf{u} &= -\nabla p + Re^{-1} \nabla^2 \mathbf{u} + \mathbf{f}, \\ \nabla \cdot \mathbf{u} &= 0\end{aligned}$$

# Crash course on 3D turbulence

Importance of conservation laws:

Kinetic energy conserved without  
**driving** and **viscosity**



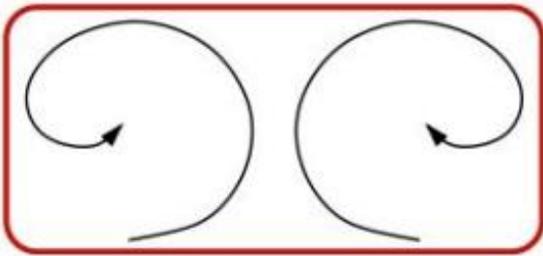
$$Re = \frac{UL}{\nu} \gg 1$$

Euler equation:  $\partial_t \mathbf{u} + \mathbf{u} \cdot \nabla \mathbf{u} = -\nabla p,$   
 $\nabla \cdot \mathbf{u} = 0$

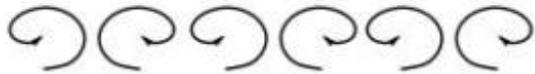
# Crash course on 3D turbulence

system scale

Kinetic Energy Injection scale



$$Re = \frac{UL}{\nu} \gg 1$$



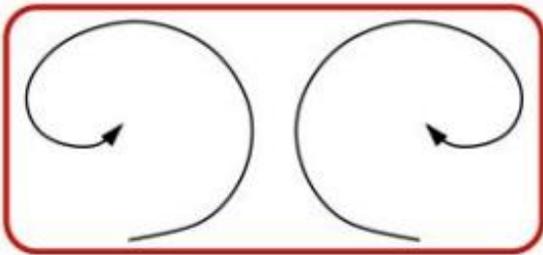
Small scales



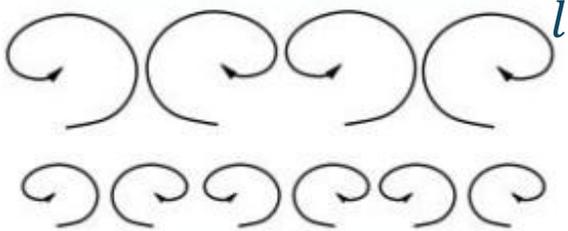
# Crash course on 3D turbulence

system scale

Kinetic Energy Injection scale



$$Re = \frac{UL}{\nu} \gg 1$$



$$Re_l = \frac{U_l l}{\nu} \gg 1$$

Energy conserving interactions

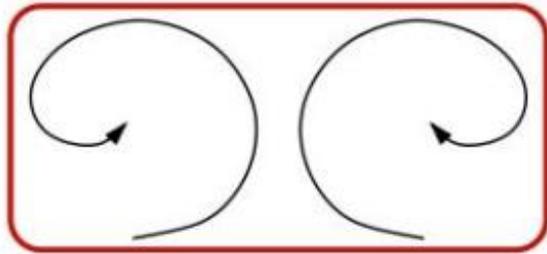
Small scales



# Crash course on 3D turbulence

Domain scale

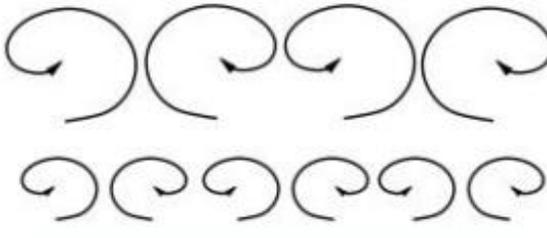
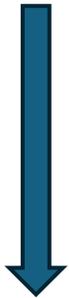
Kinetic Energy injection scale



$$Re = \frac{UL}{\nu} \gg 1$$

Flux of Energy

$$\Pi_k^E$$



$$Re_l = \frac{U_l l}{\nu} \gg 1$$

Energy conserving interactions

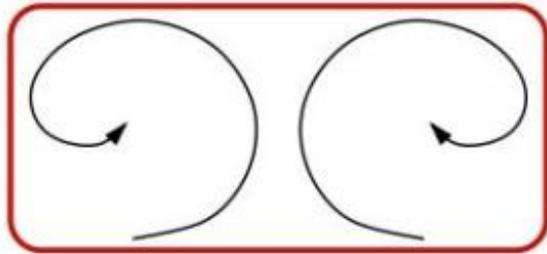
Small scales



# Crash course on 3D turbulence

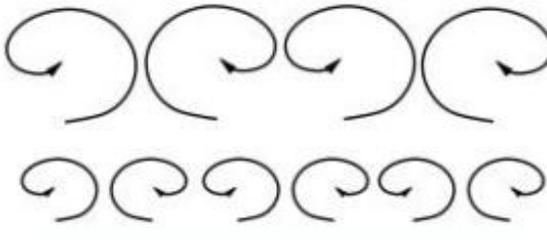
system scale

Energy injection  
rate =  $\epsilon$



$$Re = \frac{UL}{\nu} \gg 1$$

Flux of Energy  
 $\Pi_k^E = \epsilon$



Decreasing  
Reynolds number

$$Re_l = \frac{U_l l}{\nu}$$



Small scales



$$Re_{l_v} = \frac{U_{l_v} l_v}{\nu} \approx 1$$

Energy dissipation  
rate =  $\epsilon$

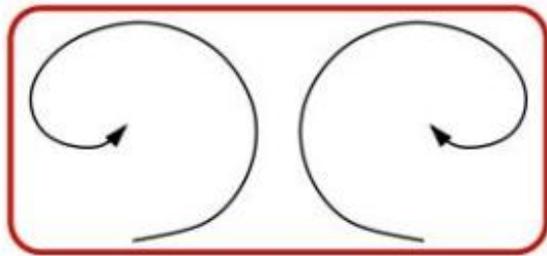
Finite viscous dissipation

$$\partial_t \mathbf{u} + \mathbf{u} \cdot \nabla \mathbf{u} = -\nabla p + \underbrace{Re^{-1} \nabla^2 \mathbf{u}}_{\text{Finite viscous dissipation}}$$

# Crash course on 3D turbulence

system scale

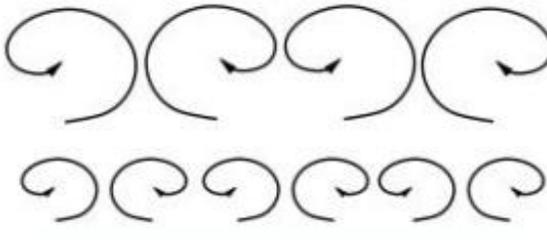
Energy injection  
rate =  $\epsilon$



$$Re = \frac{UL}{\nu} \gg 1$$



Flux of Energy  
 $\Pi_k^E = \epsilon$



Decreasing  
Reynolds number

$$Re_l = \frac{U_l l}{\nu}$$

Small scales



$$Re_{l_v} = \frac{U_{l_v} l_v}{\nu} \approx 1$$

“UV cutoff”

Energy dissipation

Finite viscous dissipation

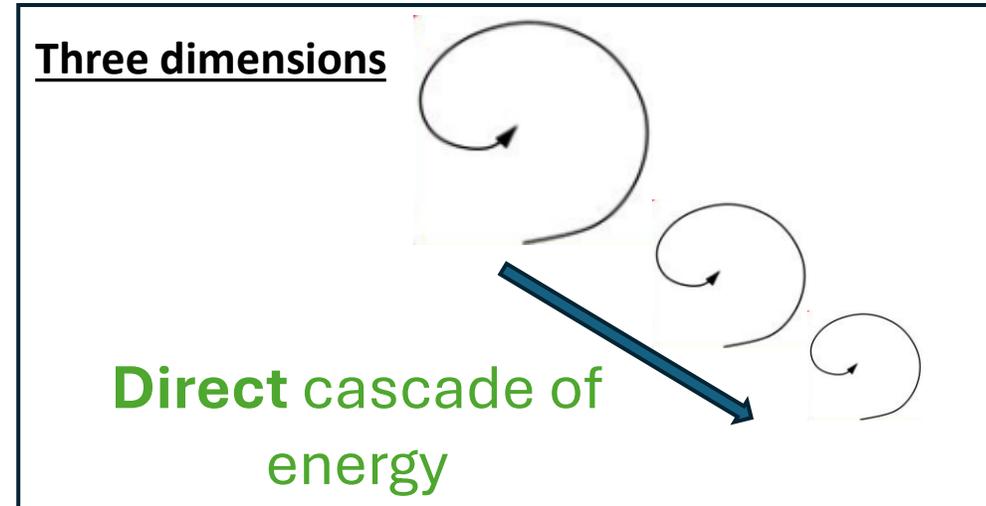
$$Re \rightarrow \infty: k_v \rightarrow \infty$$

rate =  $\epsilon$

$$\partial_t \mathbf{u} + \mathbf{u} \cdot \nabla \mathbf{u} = -\nabla p + \underbrace{Re^{-1} \nabla^2 \mathbf{u}}_{\text{Finite viscous dissipation}}$$

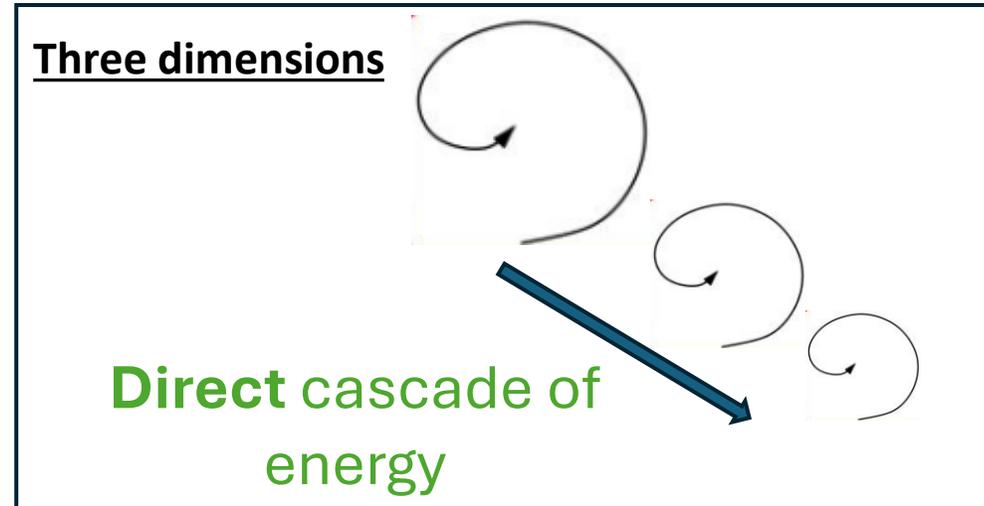
# Flavors of turbulence?

3D turbulence: small scales get  
generated from larger scales  
“mixing”

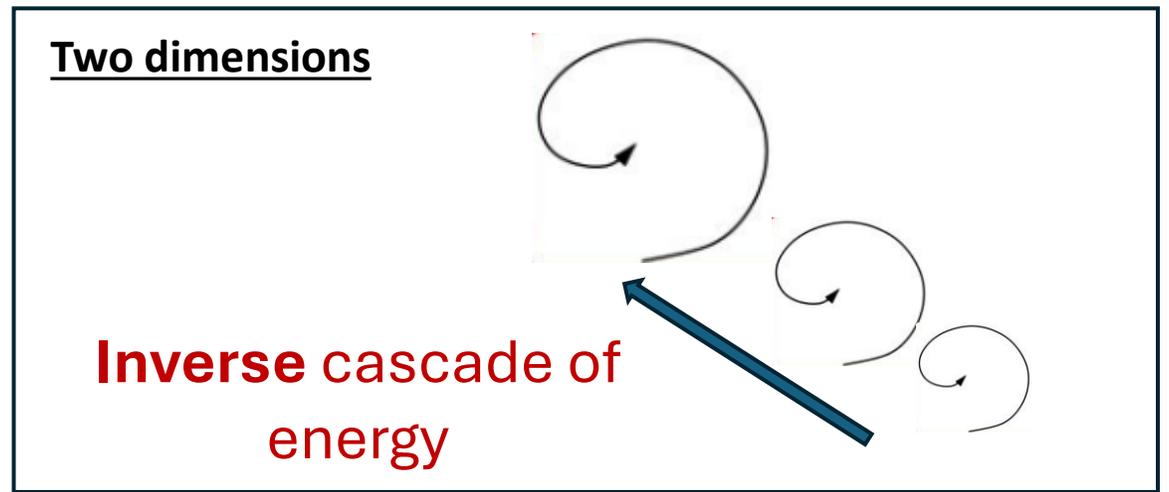


# Flavors of turbulence?

3D turbulence: small scales get generated from larger scales  
“mixing”

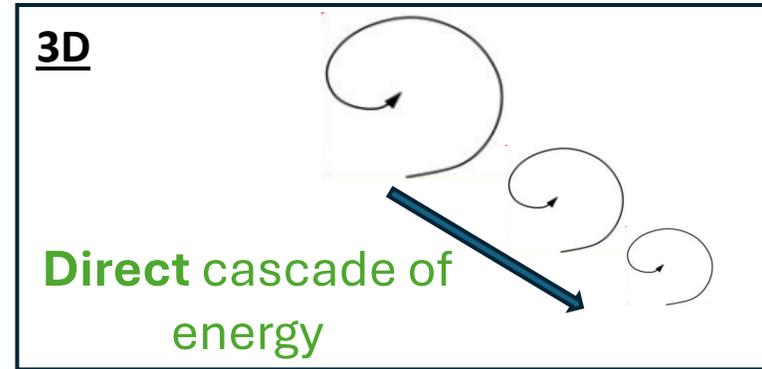


2D turbulence: large scale flows are generated from small scale turbulence  
“self-organization”



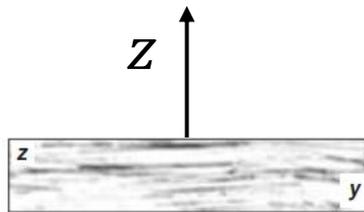
# Flavors of turbulence?

3D turbulence: small scales get generated from larger scales  
“mixing”

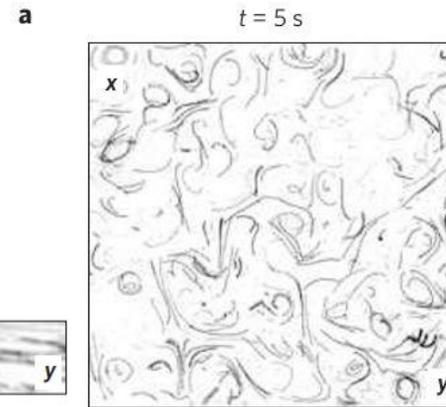


2D turbulence: large scale flows are generated from small scale turbulence  
“self-organization”

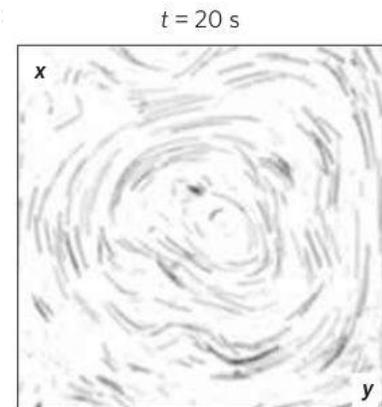
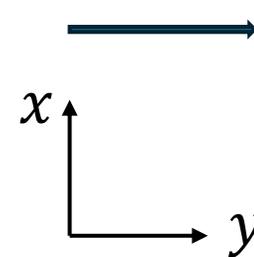
Thin fluid layer:



Thin layer ~ 2D



Time evolution



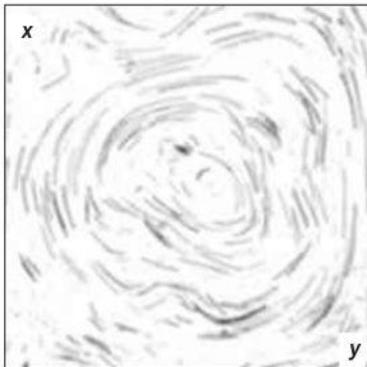
# Crash course on 2D turbulence

Two conserved quantities in absence of forcing and dissipation

**Energy** 
$$E = \frac{1}{2} \int (\vec{u} \cdot \vec{u}) d^2x = \int E_k dk$$

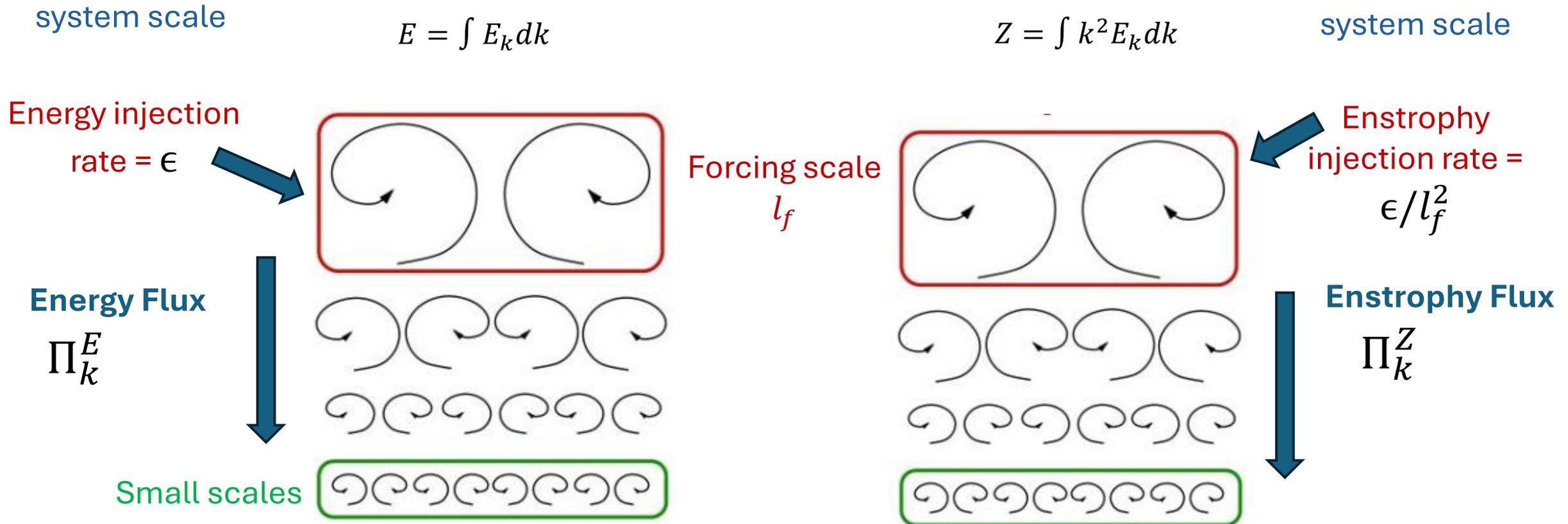
**Enstrophy** 
$$Z = \frac{1}{2} \int (\nabla \times \vec{u})^2 d^2x = \int k^2 E_k dk$$

Thin layer  
2D incompressible  
flow

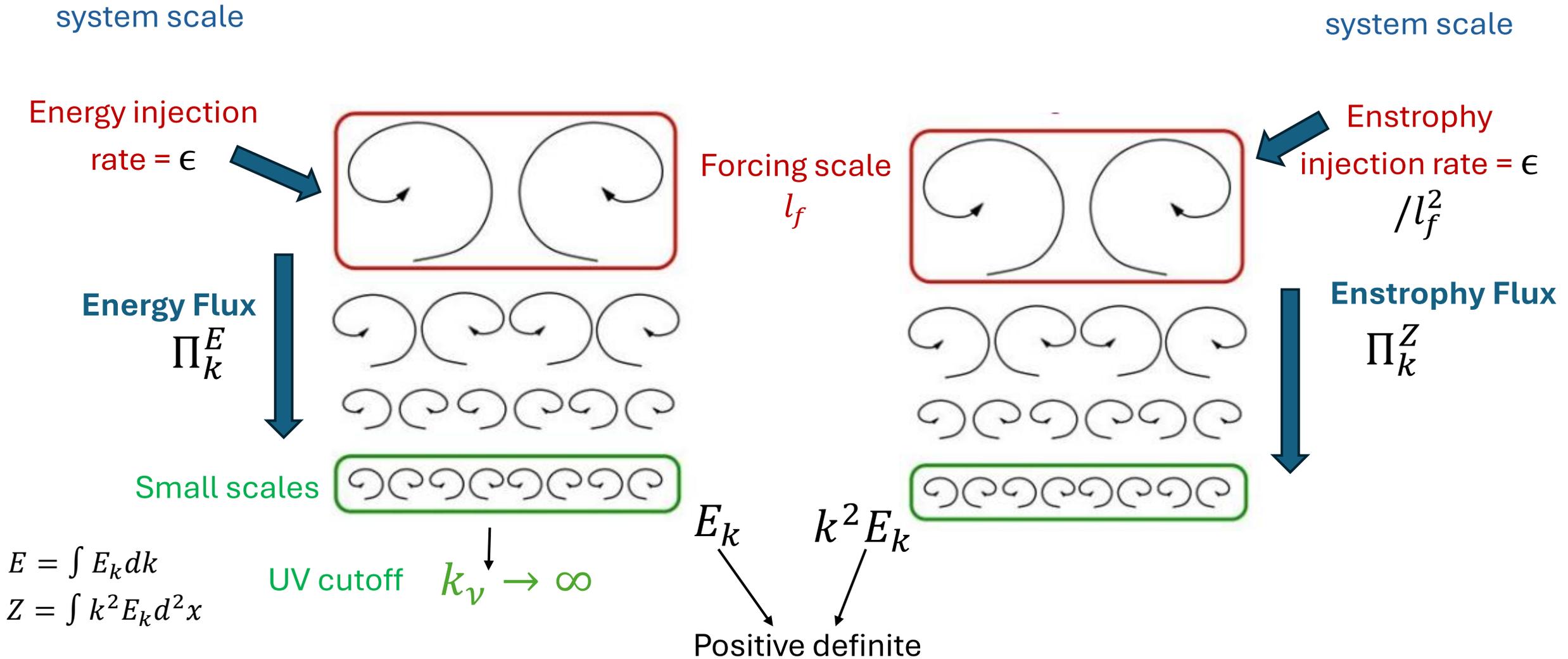


Conservation of **angular momentum** (per mass) in z direction for fluid elements

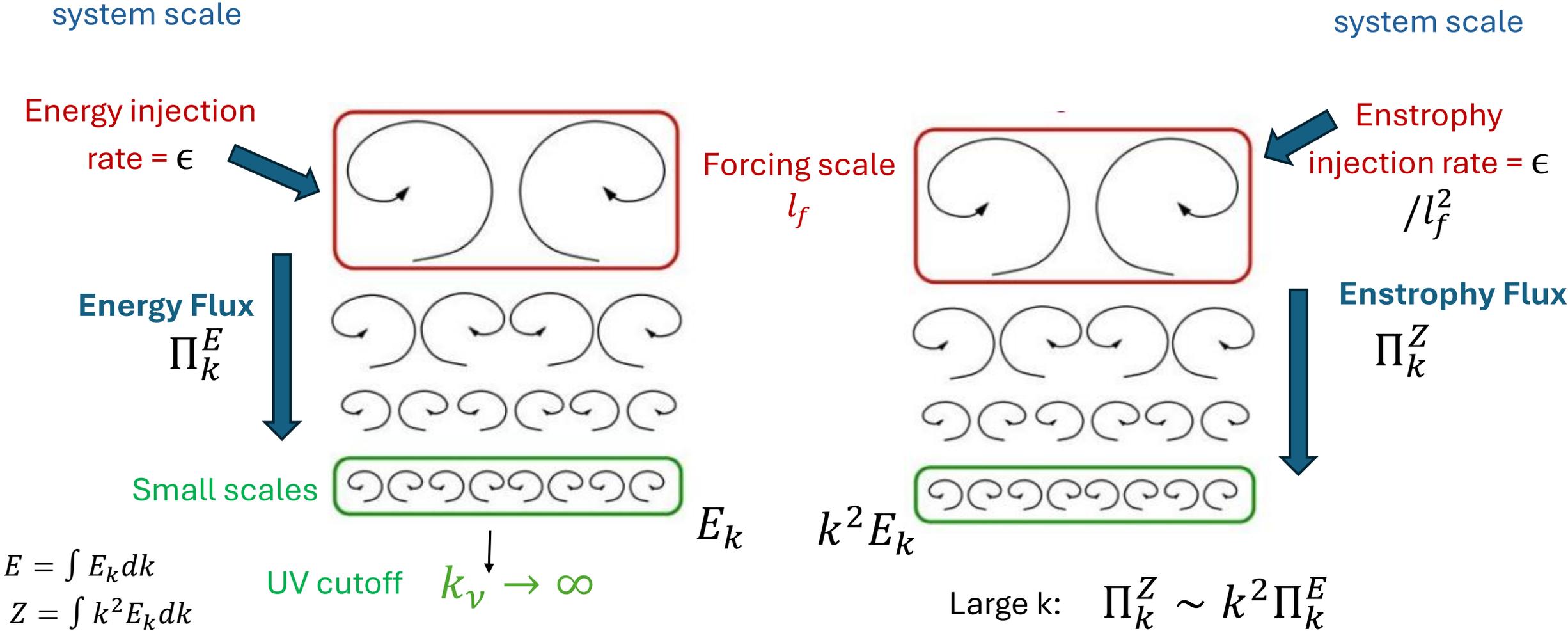
# Crash course on 2D turbulence



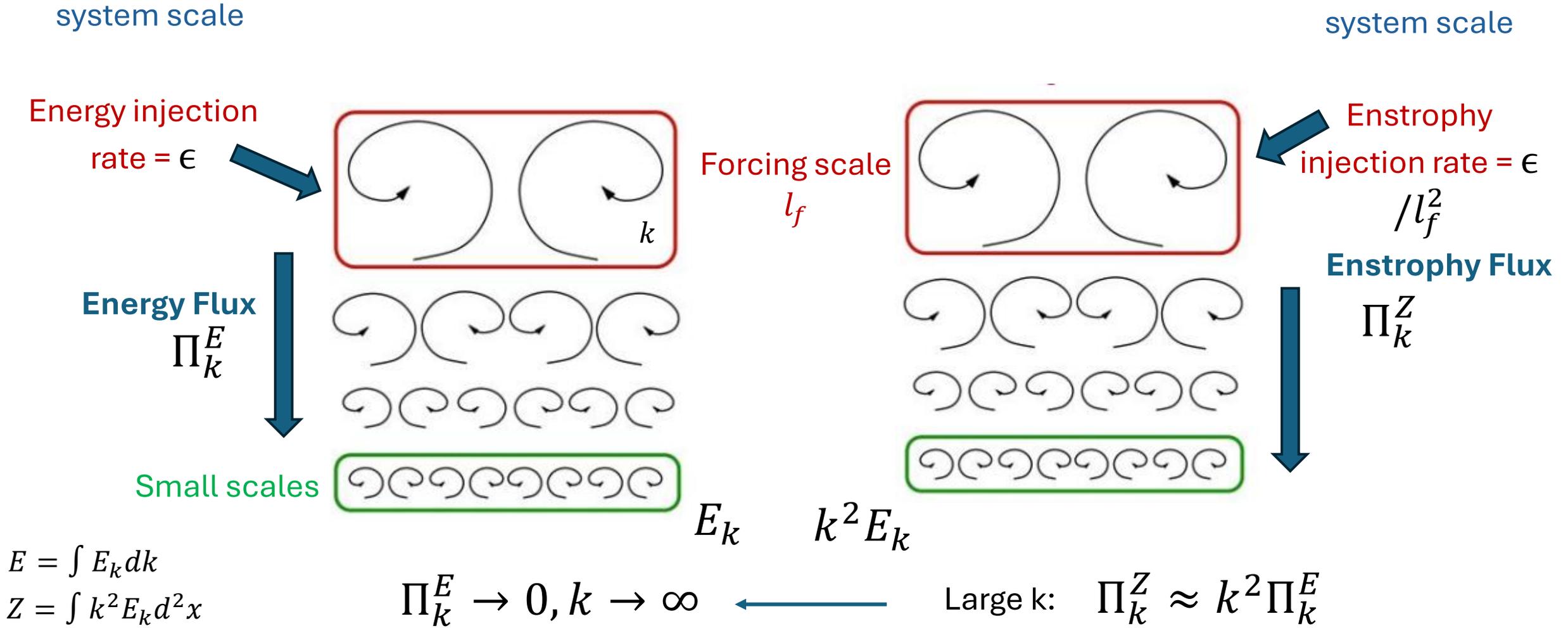
# Crash course on 2D turbulence



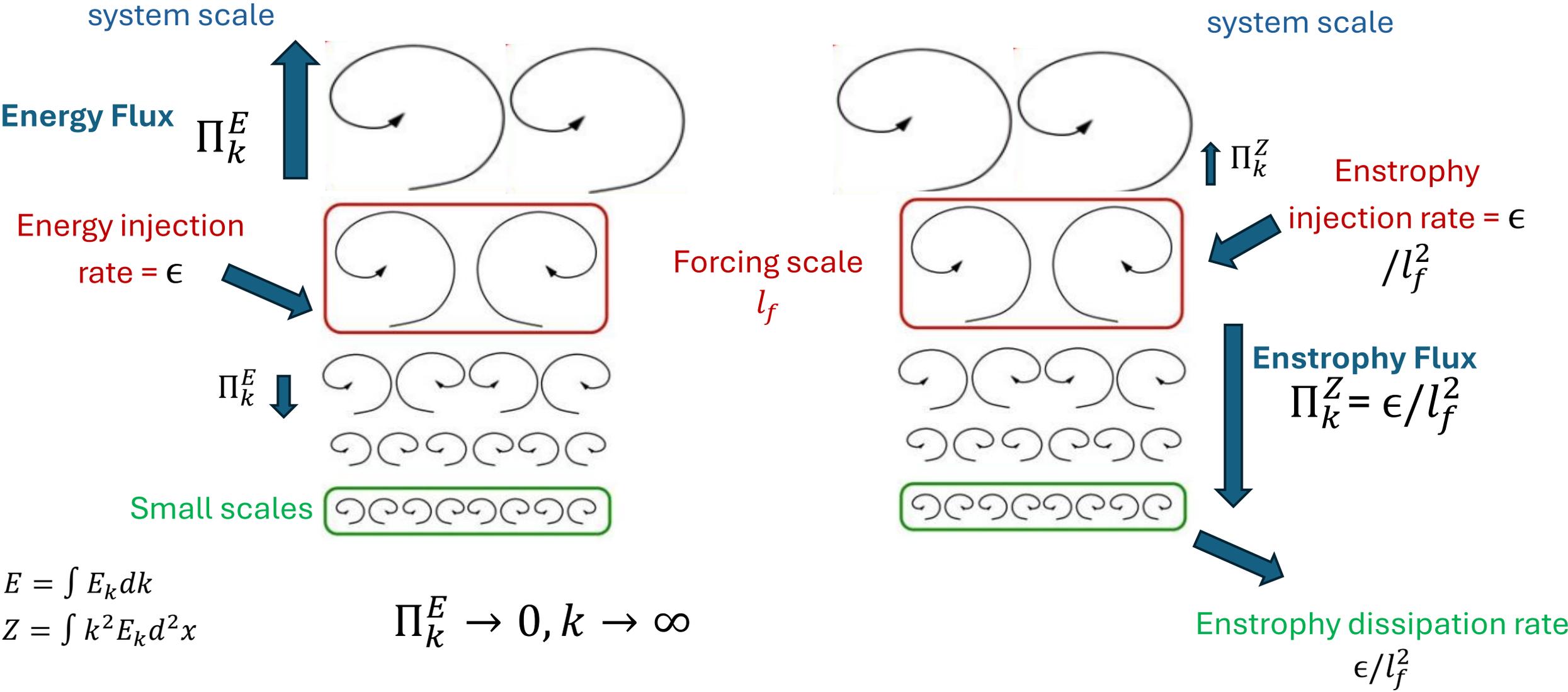
# Crash course on 2D turbulence



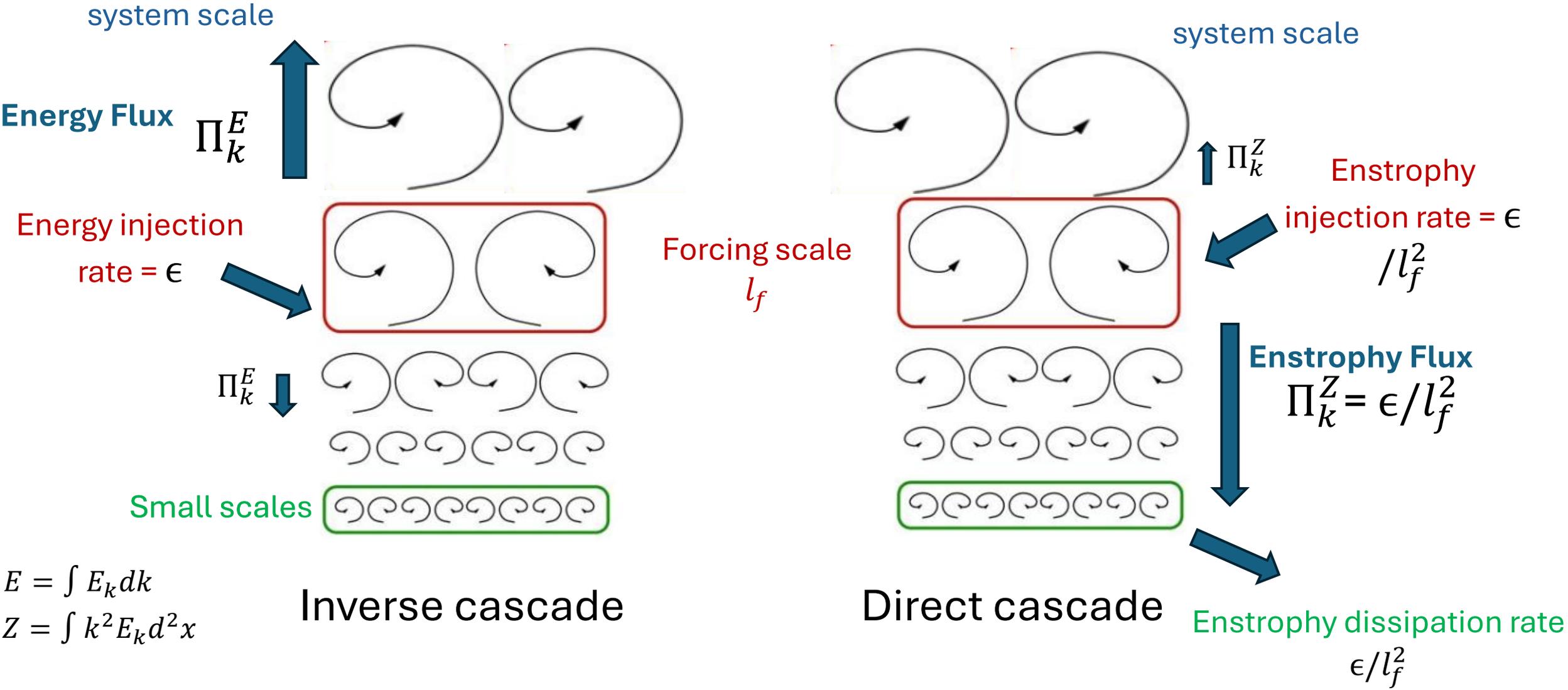
# Crash course on 2D turbulence



# Crash course on 2D turbulence



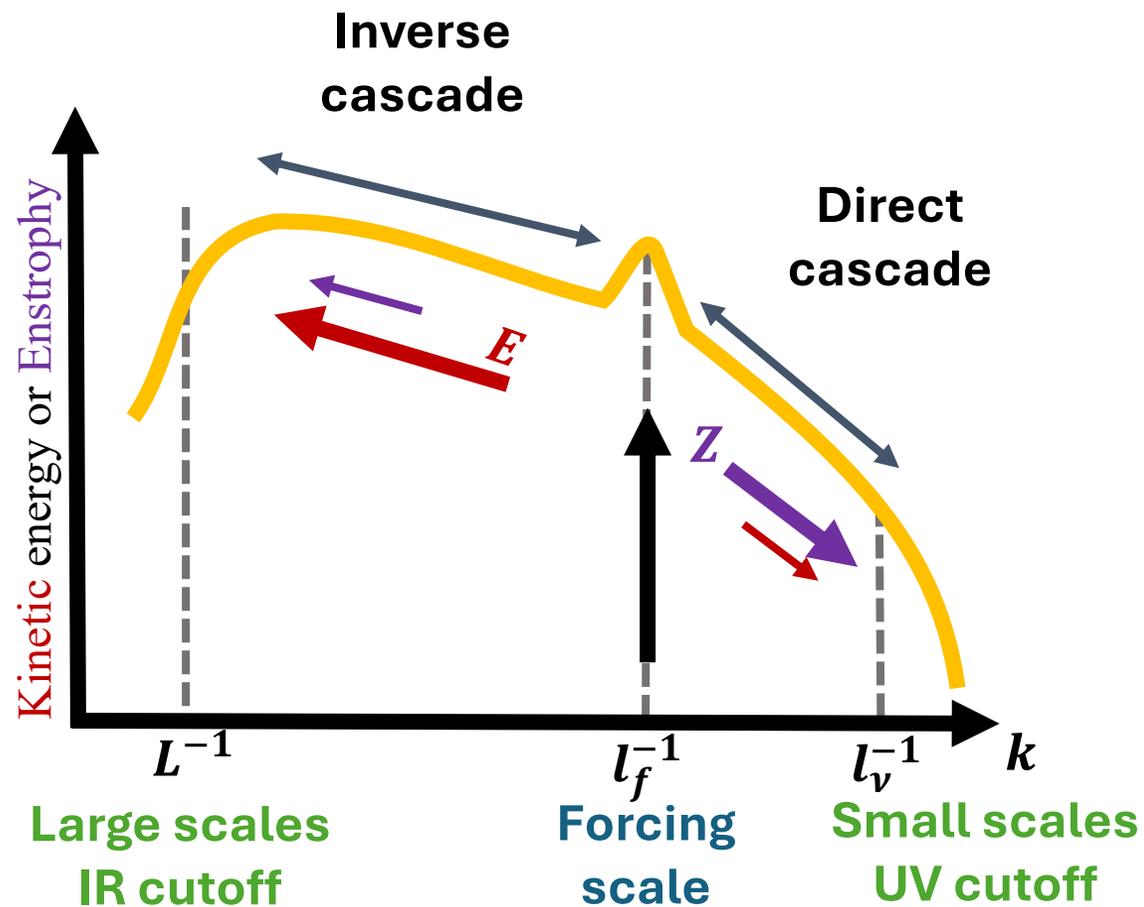
# Double cascade in 2D turbulence



$$E = \int E_k dk$$

$$Z = \int k^2 E_k d^2x$$

# Double cascade in 2D turbulence



$$E = \int E_k dk$$

$$Z = \int k^2 E_k d^2x$$

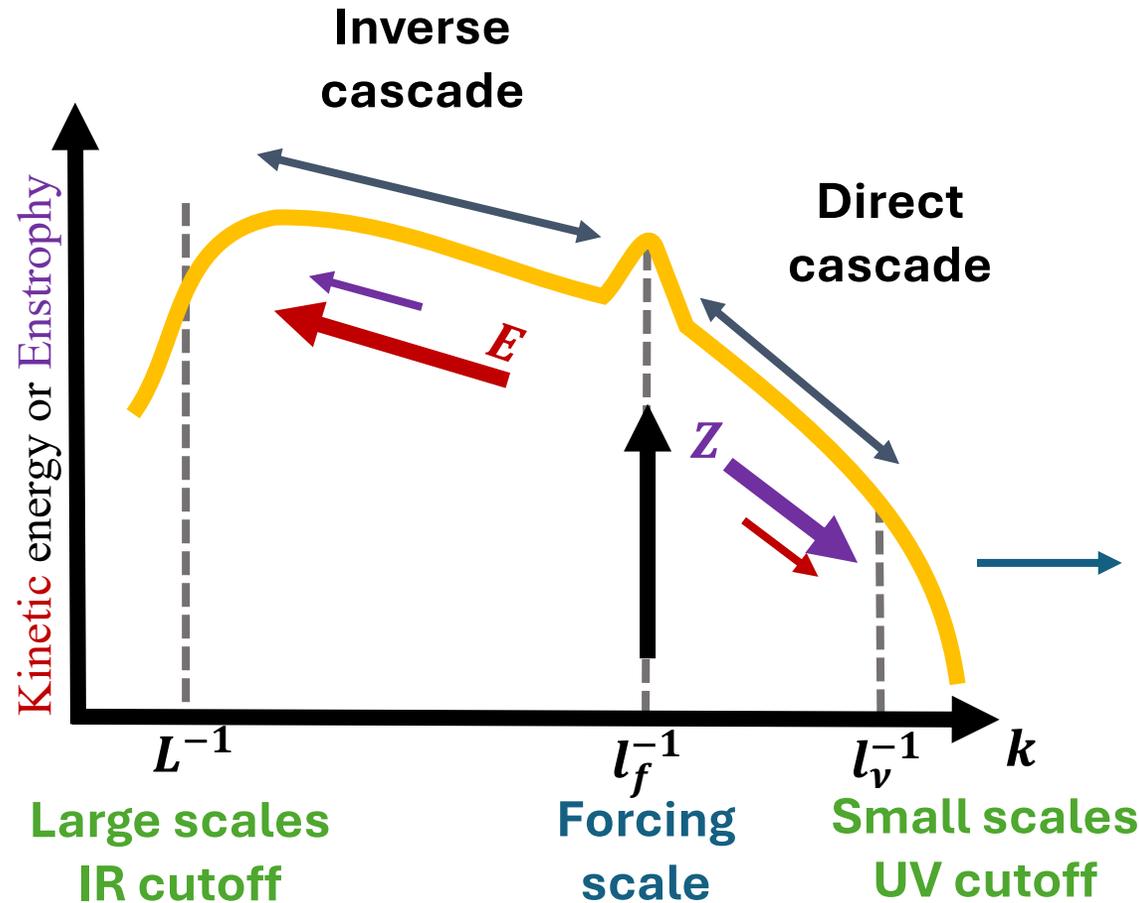
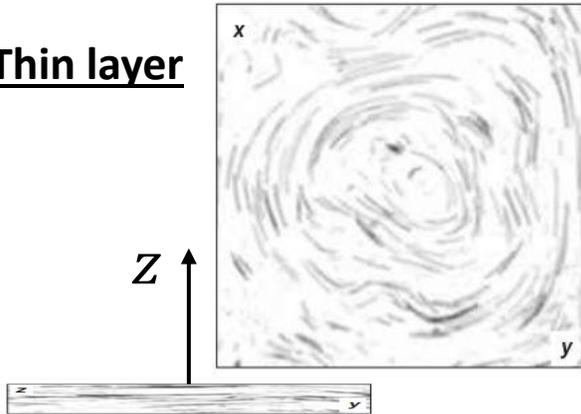
# Double cascade in 2D turbulence

Slow dissipation at large scale

Energy gets accumulated at  $k \sim 1/L$

Kraichnan 1967

Thin layer



Energy injection rate  $\epsilon$

Small scale dissipation rate:  
 $D^Z = \Pi^Z = \epsilon / l_f^2$   
 $D^E = l_v^2 / l_f^2 \epsilon \rightarrow 0$

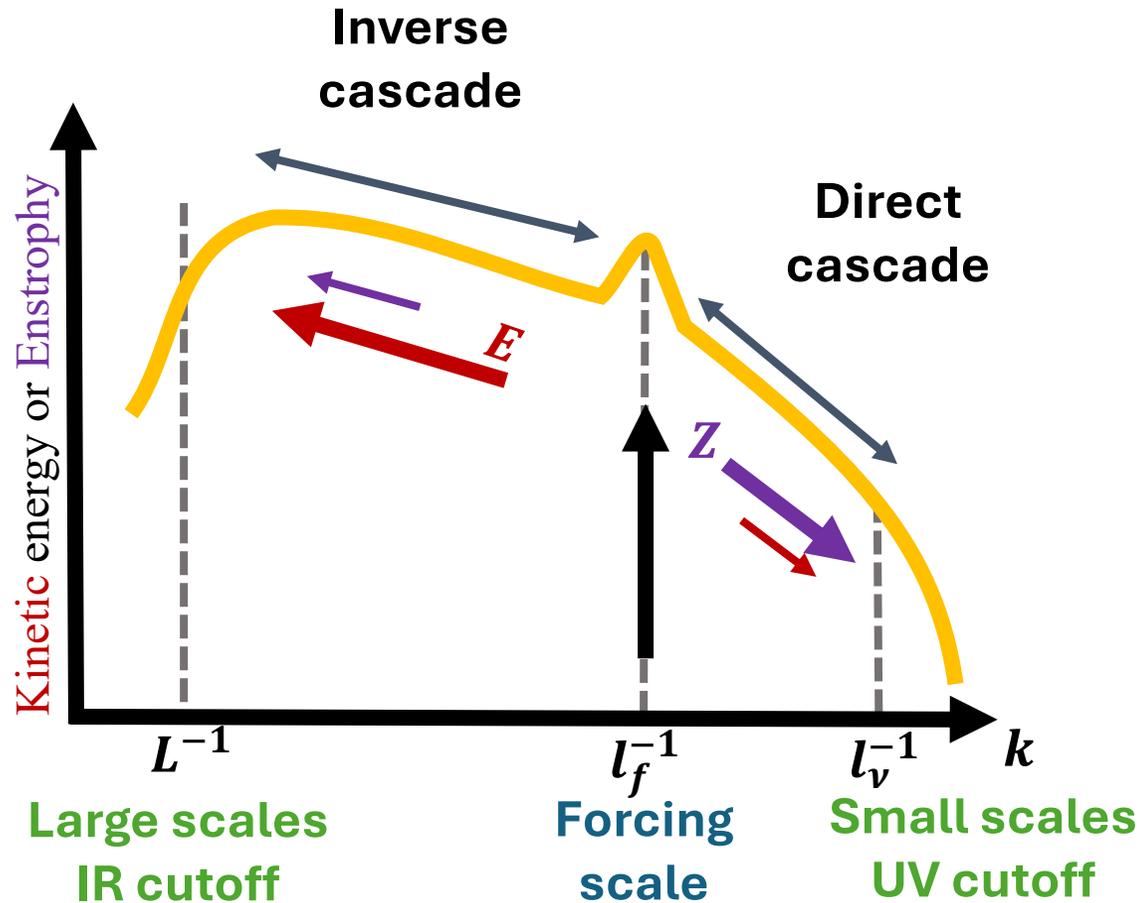
$$E = \int E_k dk$$

$$Z = \int k^2 E_k d^2x$$

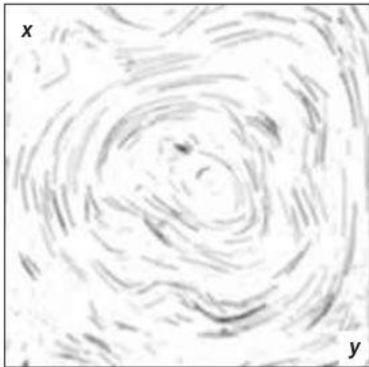
# Self-organization of 2D turbulence

Slow dissipation at large scale

“Condensate” = large amplitude flow



Thin layer



$$E = \int E_k dk$$

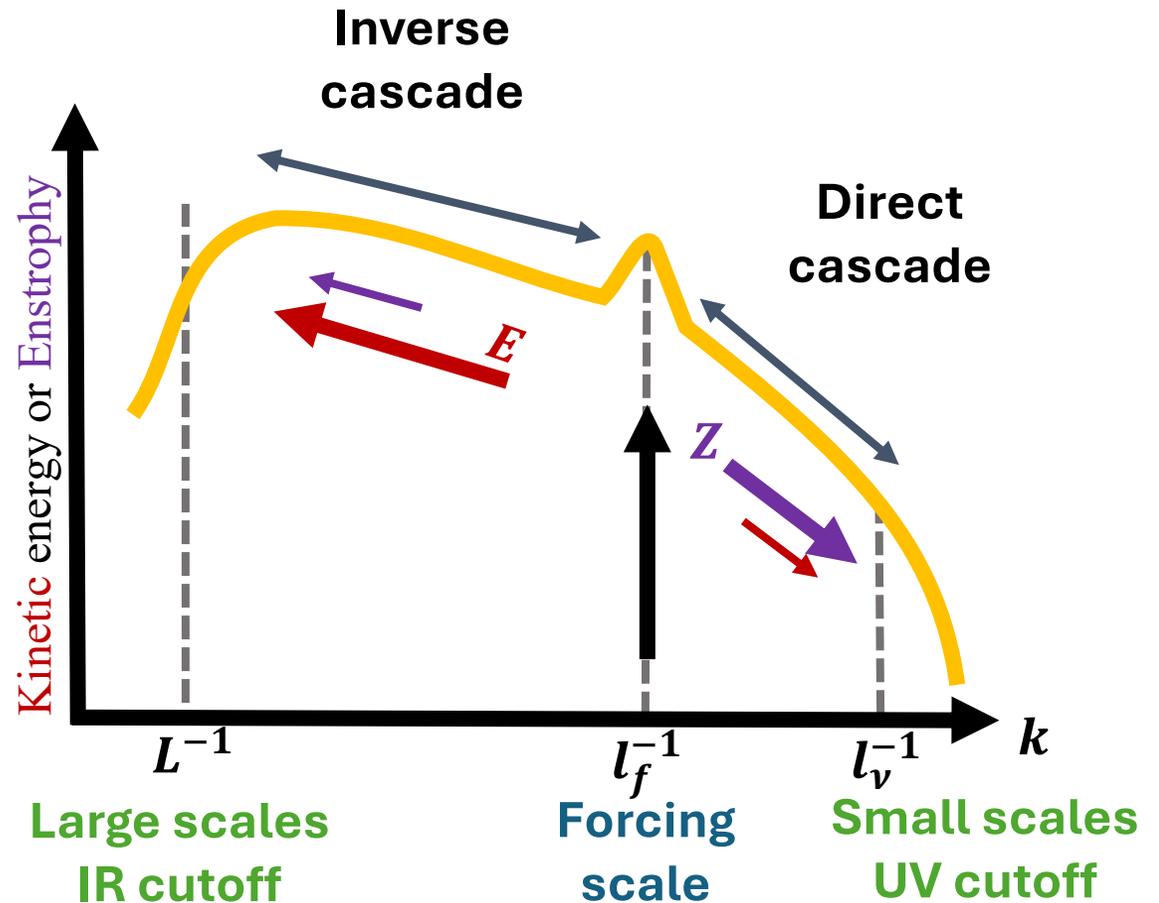
$$Z = \int k^2 E_k d^2x$$

# Self-organization of 2D turbulence

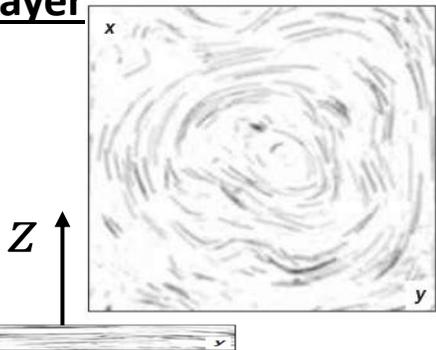
“Condensate” = large amplitude flow

Inverse energy transfer: from turbulence to condensate

Energy dissipation: via condensate (in this talk quantified by Re)

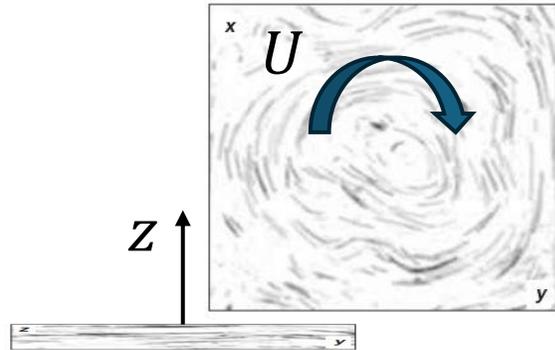


Thin layer



# Self-organization of 2D turbulence

Statistical description?



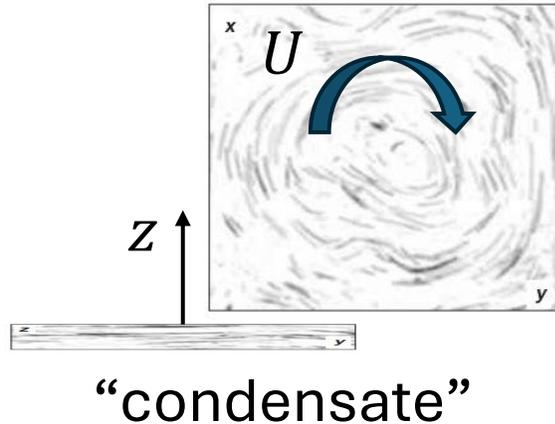
“condensate”

Perturbative self-consistent approach  
(strong mean flow, weak fluctuations)

“quasi-linear” treatment for steady state

# Self-organization of 2D turbulence

Statistical description?



Perturbative self-consistent approach  
(strong mean flow, weak fluctuations)

“quasi-linear” treatment for steady state

Can use hierarchical approach for mean flow operator:

“small” viscosity, scale –separation, PT symmetry

Laurie, et al, PRL 2014

Kolokolov, Lebedev PRE 2016

Woillez, Bouchet. *EPL* 2017

AF Phys. Fluids, 2017

AF, Herbert, PRL 2018

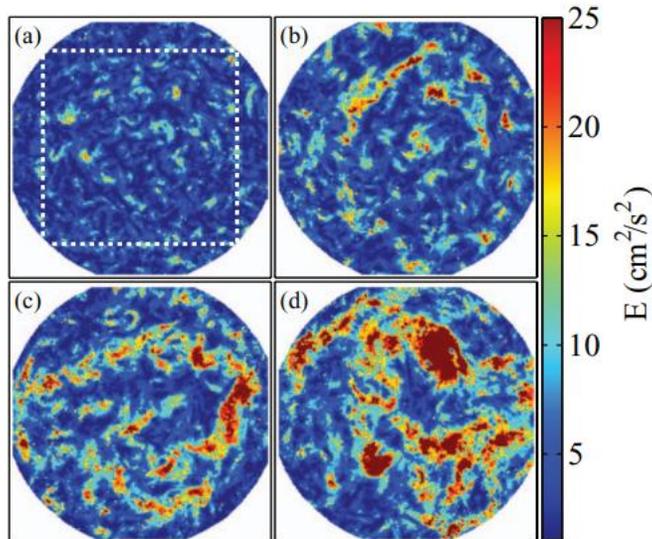
Svirsky, Herbert, AF, PRL 2023, Svirsky, AF, PRL 2025

# Rotation: self-organization of 3d flow (deep layer)?

**Rotating 3D** flows :  $\Omega \parallel \hat{z}$

Energy piles up in **2D large** scales

(2D = z invariant)



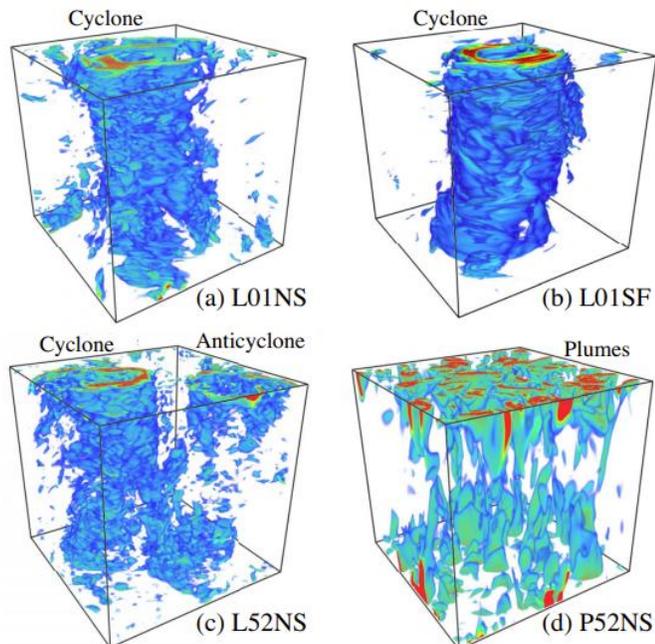
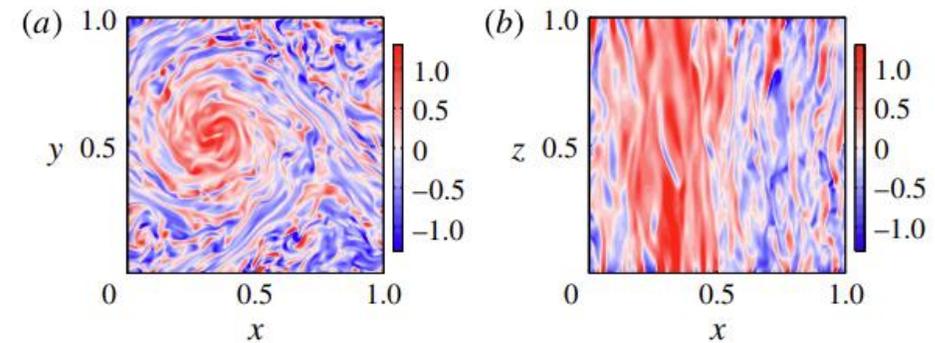
RESEARCH ARTICLE | AUGUST 13 2013

**Experimental quantification of inverse energy cascade in  
deep rotating turbulence** ✓

Ehud Yarom; Yuval Vardi; Eran Sharon

# Large-scale vortices in rapidly rotating Rayleigh–Bénard convection

Céline Guervilly<sup>1,†</sup>, David W. Hughes<sup>1</sup> and Chris A. Jones<sup>1</sup>



## Condensates in 3d rotating flow

PHYSICAL REVIEW LETTERS 125, 214501 (2020)

### Competition between Ekman Plumes and Vortex Condensates in Rapidly Rotating Thermal Convection

Andrés J. Aguirre Guzmán<sup>1</sup>, Matteo Madonia<sup>1</sup>, Jonathan S. Cheng<sup>1,\*</sup>, Rodolfo Ostilla-Mónico<sup>1,2</sup>,  
Herman J. H. Clercx<sup>1</sup> and Rudie P. J. Kunnen<sup>1,†</sup>

$$\Omega \parallel \hat{z}$$

# What does rotation do?

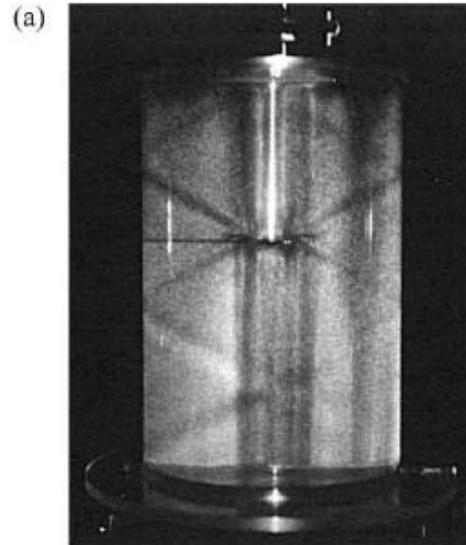
## Coriolis force: Waves

### Inertial Waves

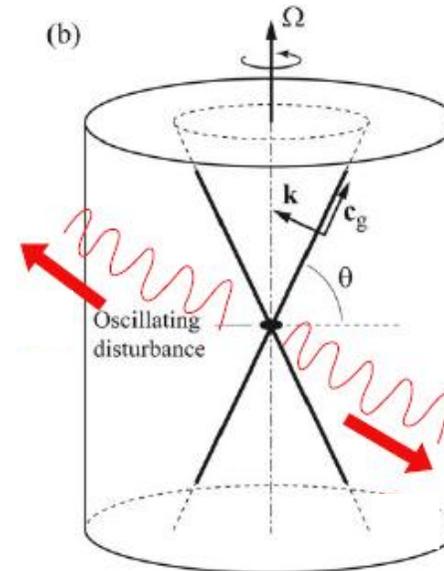
$$\mathbf{h}_k^s e^{i\omega_k^s t + i\mathbf{k} \cdot \mathbf{x}}$$

$$\omega_k^s = 2\Omega s \frac{k_z}{k}$$

$$s = \pm 1$$



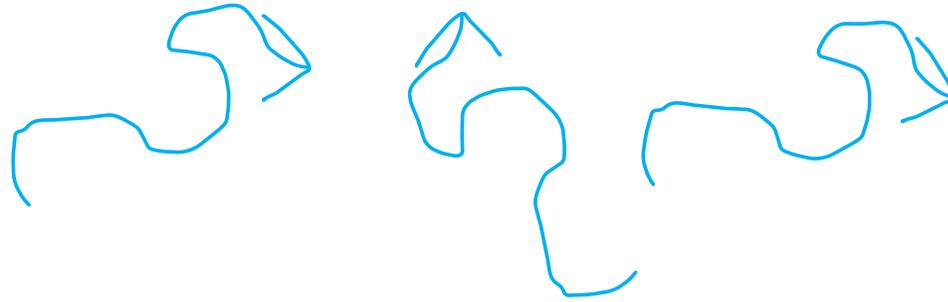
Görtler (1969)  
Yarom & Sharon (2014)



$$\Omega \parallel \hat{\mathbf{z}}$$

# Wave turbulence

Yet another class of turbulence....

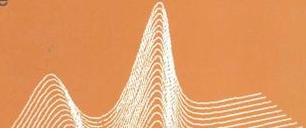


Springer Series in  
NONLINEAR DYNAMICS

V.E. Zakharov V.S. L'vov G. Falkovich

## Kolmogorov Spectra of Turbulence I

Wave Turbulence



Sergey Nazarenko

LECTURE NOTES IN PHYSICS 825

## Wave Turbulence

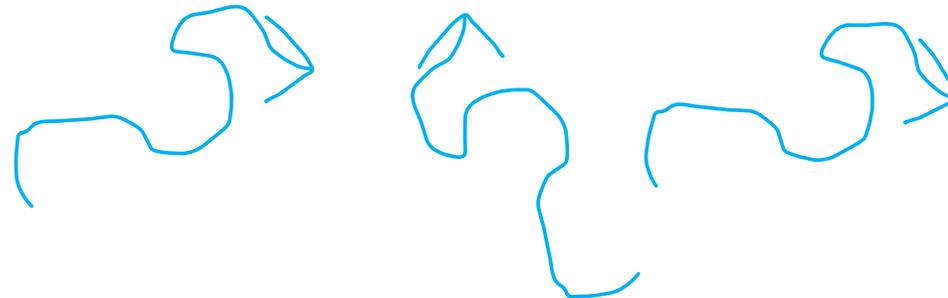
# Wave turbulence

Yet another class of turbulence....

Main idea we will need: in wave dominated regime

**Interactions are restricted to resonant ones:**

$$\omega_k + \omega_p + \omega_q = 0$$

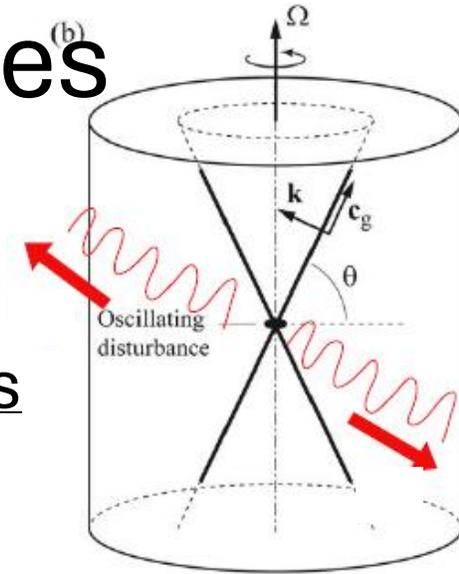


(Oscillating factor in front of interaction averages to zero otherwise)



# Rotating turbulence waves + 2d modes <sup>(b)</sup>

3D waves cannot transfer energy to/from 2D modes  
\_through exact resonances



2D modes  $k_z = 0$

have zero frequency:

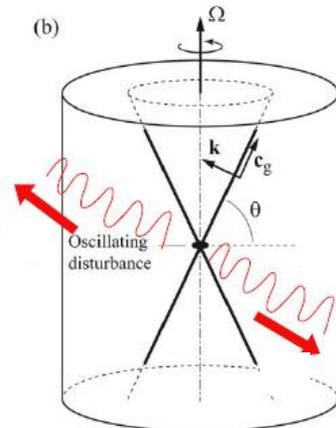
$$\omega_k^s = 2\Omega s \frac{k_z}{k} \quad s = \pm 1$$

# Inverse cascade in Rotating turbulence

3D waves **cannot** transfer energy to/from 2D modes through exact resonances

**3d and 2d decouple....**

Answer: inverse cascade due to energy injected into 2D



Babin (1999)

Gallet (2015)

Seshasayanan & Alexakis (2018)

## Transfer of energy to two-dimensional large scales in forced, rotating three-dimensional turbulence

Leslie M. Smith

*Departments of Mathematics & Mechanical Engineering, University of Wisconsin–Madison, Madison, Wisconsin 53706*

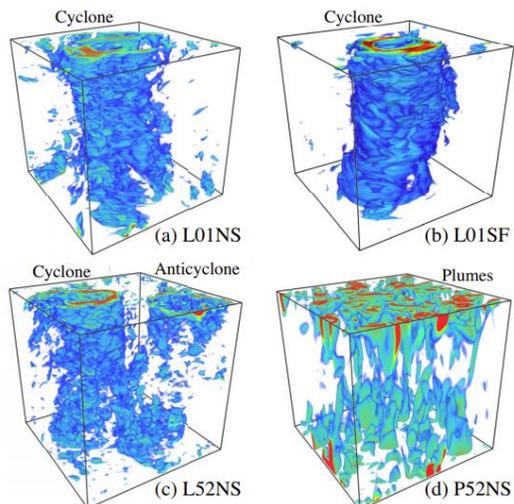
Fabian Waleffe

*Departments of Mathematics & Engineering Physics, University of Wisconsin–Madison, Madison, Wisconsin 53706*

PHYSICAL REVIEW LETTERS **132**, 224001 (2024)

## Direct Measurement of Energy Transfer in Strongly Driven Rotating Turbulence

Omri Shaltiel<sup>1</sup>, Alon Salhov<sup>1</sup>, Omri Gat<sup>1</sup>, and Eran Sharon<sup>1</sup>



# Energy injected in 3d reaches 2d!

PHYSICAL REVIEW LETTERS **125**, 214501 (2020)

## Competition between Ekman Plumes and Vortex Condensates in Rapidly Rotating Thermal Convection

Andrés J. Aguirre Guzmán<sup>1</sup>, Matteo Madonia<sup>1</sup>, Jonathan S. Cheng<sup>1,2</sup>, Rodolfo Ostilla-Mónico<sup>2</sup>, Herman J. H. Clercx<sup>1</sup>, and Rudie P. J. Kunnen<sup>1,†</sup>

$\Omega \parallel \hat{z}$

PRL 102, 014503 (2009)

PHYSICAL REVIEW LETTERS

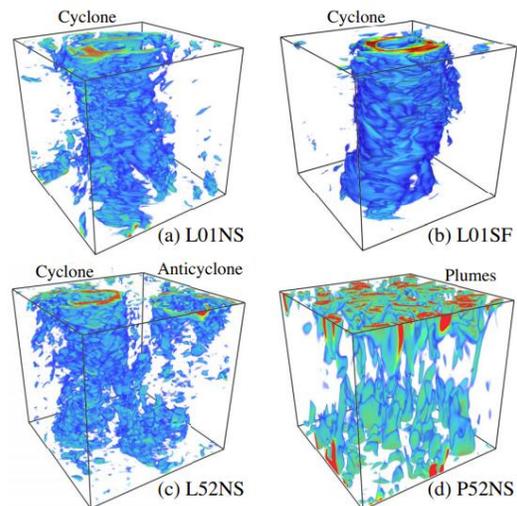
Energy Transfer by Inertial Waves during the Buildup of Turbulence in a Rotating System

Itamar Kolvin, Kobi Cohen, Yuval Vardi, and Eran Sharon\*

week ending  
9 JANUARY 2009

# Puzzles:

- Why is energy transfer directionally **from 3d to 2d**?
- How can waves transfer energy to 2d modes?





# Our focus:

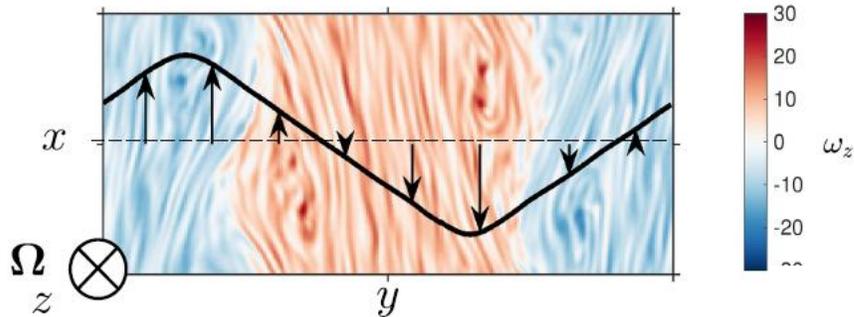
Sébastien Gomé

Use 3D small-scale stochastic forcing, scale  $l_f$

Consider *steady state* with condensate

Numerical simulations:

$$L_y = 2L_x = 2L_z \quad L_y/l_f = 10$$



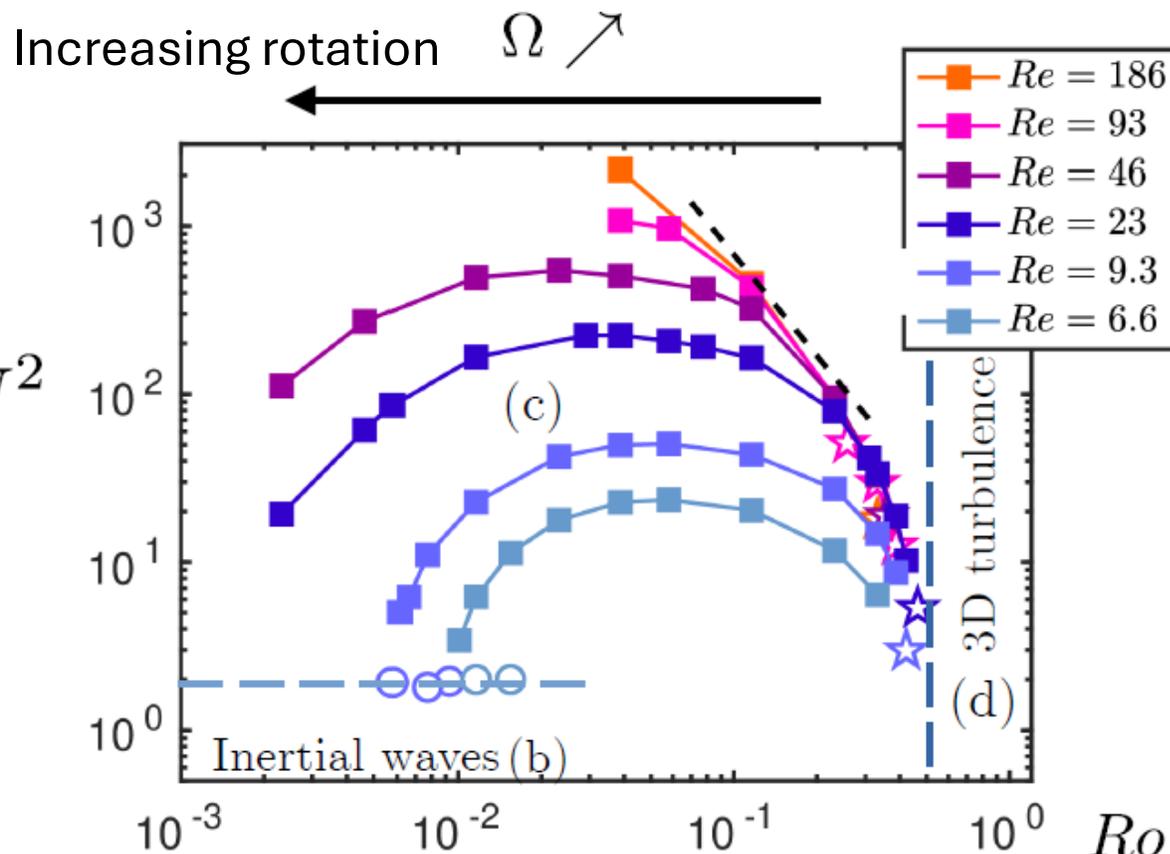
Varying parameters:

$$Ro \propto \frac{1}{\Omega}, Re, \frac{L_y}{l_f}, \frac{L_z}{l_f}, \frac{L_x}{l_f}$$

Using hyper-viscosity,  $256 \times 512 \times 256$

# Energy in 2d:

$U^2$



$$Ro \propto \frac{1}{\Omega}, Re$$

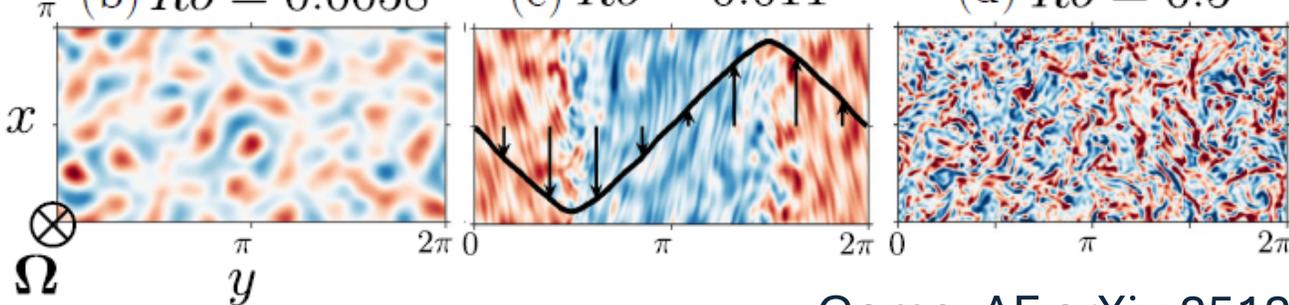
3D inertial waves    2D condensate

(b)  $Ro = 0.0058$

(c)  $Ro = 0.011$

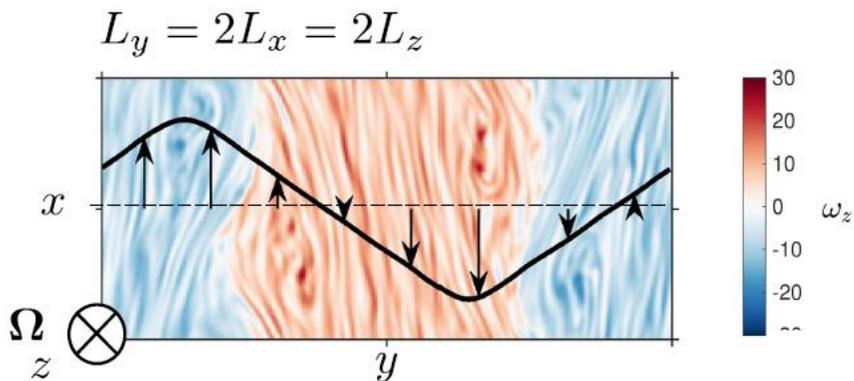
3D turbulence

(d)  $Ro = 0.5$



# Puzzles:

- Why is energy transfer directional from 3d to 2d?
- How can waves transfer energy to 2d modes?
- Quantitative: how much energy is transferred to 2D with varying parameters?



$$Ro \propto \frac{1}{\Omega}, Re, \frac{L_y}{l_f}, \frac{L_z}{l_f}, \frac{L_x}{l_f}$$



Sébastien Gomé

# Our focus:

Use 3D **small-scale stochastic** forcing, scale  $l_f$

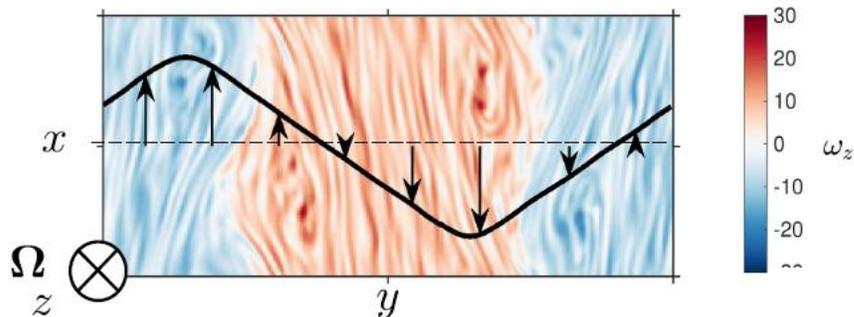
Consider **steady state** with condensate

## Analytical theory:

- Observables: condensate amplitude, 3D-2D energy transfer

## Numerical simulations:

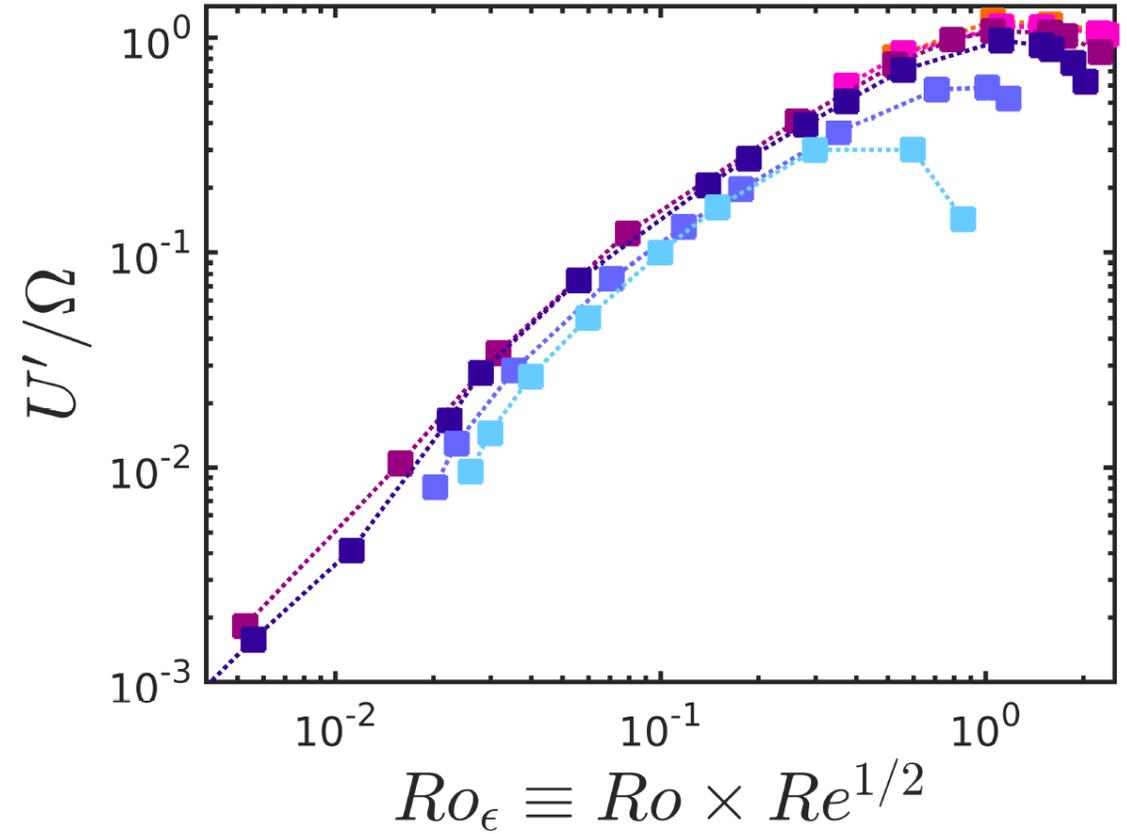
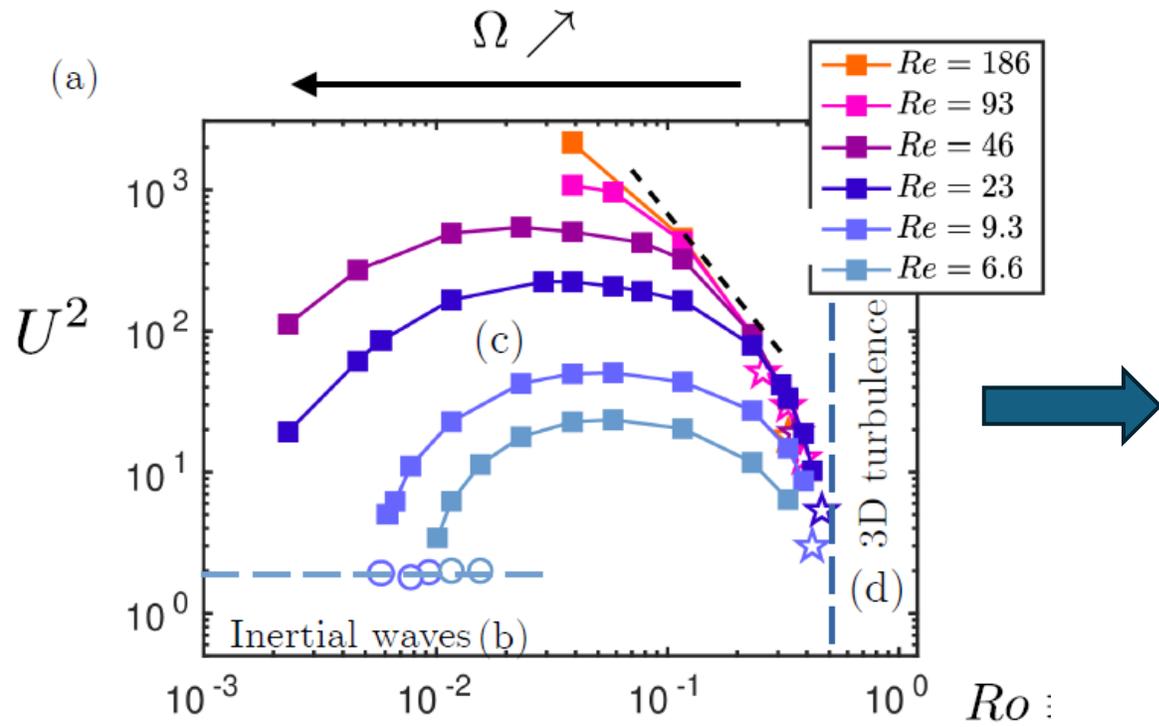
$$L_y = 2L_x = 2L_z \quad L_y/l_f = 10$$



- **Quasi-linear** treatment (perturbative) + **scale separation**  $l_f/L \ll 1$
- Wave turbulence: restricted by **resonances**

Using hyper-viscosity,  $256 \times 512 \times 256$

# Quantitative theory for amplitude



$$Ro \propto \frac{1}{\Omega}, Re$$

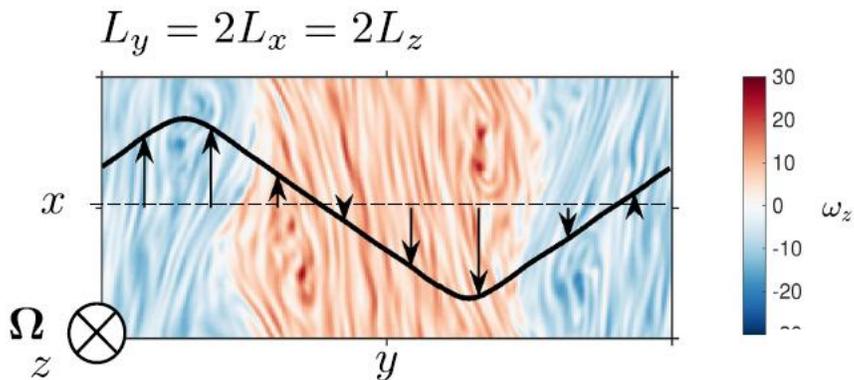
$$(U')^2 \equiv \int (\partial_y U')^2 dy / L_y$$

# Puzzles:

- Why is energy transfer directional from 3d to 2d?

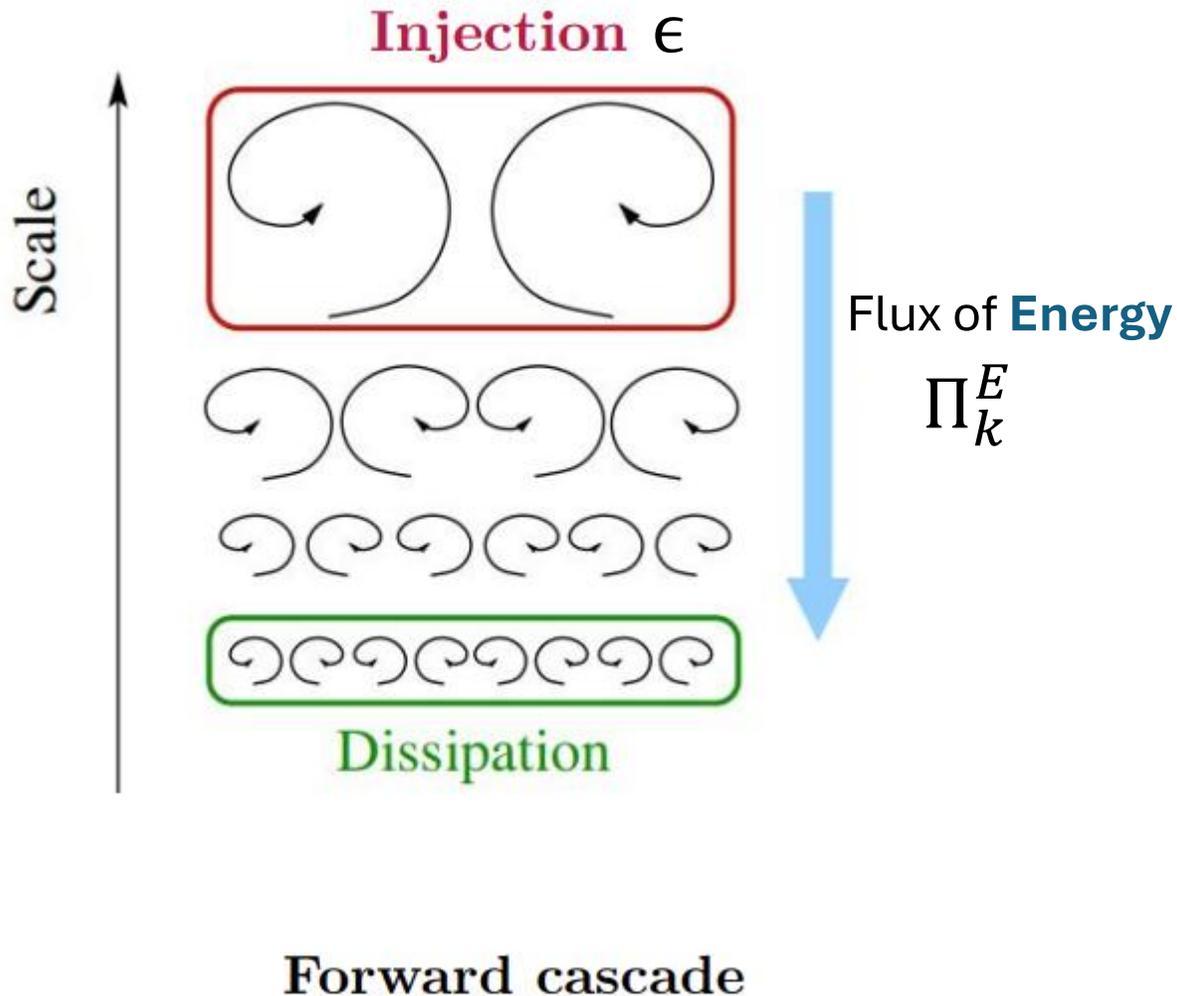
- How can waves transfer energy to 2d modes?

- Quantitative: how much energy is transferred to 2D with varying parameters?



$$Ro \propto \frac{1}{\Omega}, Re, \frac{L_y}{l_f}, \frac{L_z}{l_f}, \frac{L_x}{l_f}$$

# Conservation laws in 3d (+ rotation )?



**Helicity** is conserved:

$$H = \int \vec{u} \cdot (\nabla \times \vec{u}) d^2x$$

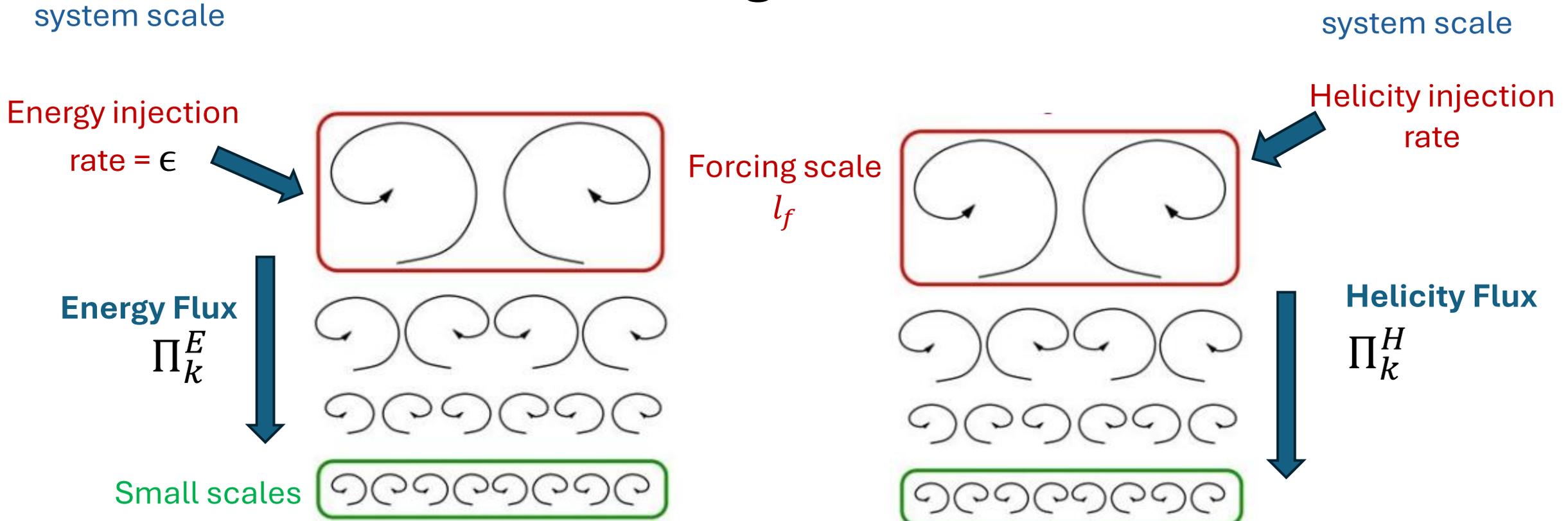
Fourier:

$$H_k = k E_k^+ - k E_k^-$$

Positive helicity  
modes

Negative helicity  
modes

# Helicity conservation does not generically lead to self-organization



$$E = \int E_k d^3k = \int (E_k^+ + E_k^-) d^3k$$

$$H = \int k(E_k^+ - E_k^-) d^3k$$

Can have:  $\Pi_k^H \approx k(\Pi_k^{E^+} - \Pi_k^{E^-})$

# Rotation: Waves carry sign-definite helicity

Inertial Waves

$$\mathbf{h}_k^s e^{i\omega_k^s t + i\mathbf{k} \cdot \mathbf{x}}$$

Carry sign definite helicity

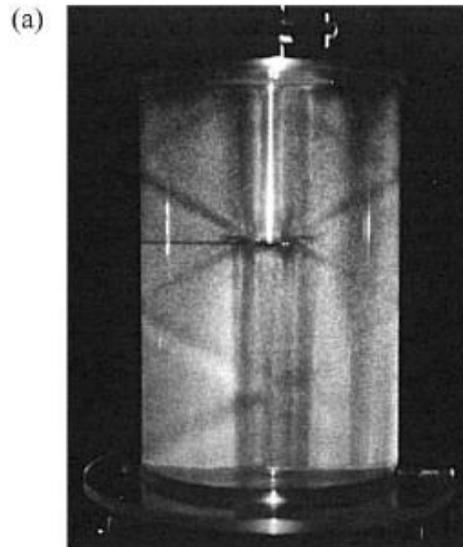
$$s = \pm 1$$

$$\omega_k^s = 2\Omega s \frac{k_z}{k}$$

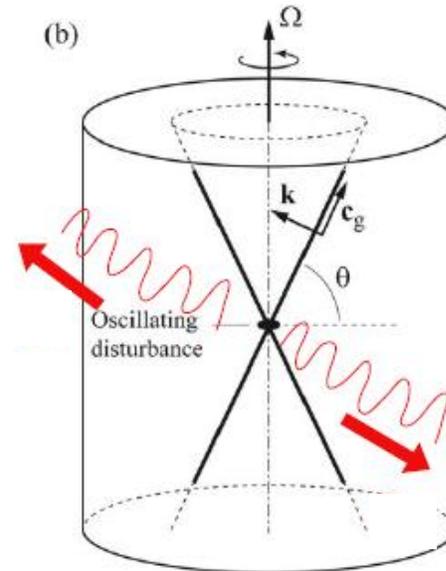
$$s = \pm 1$$

Helicity plays an important role:  
Buzicotti, *PRF* (2018).

Clark Di Leoni. *PRF* (2020)



Görtler (1969)  
Yarom & Sharon (2014)



$$\Omega \parallel \hat{\mathbf{z}}$$

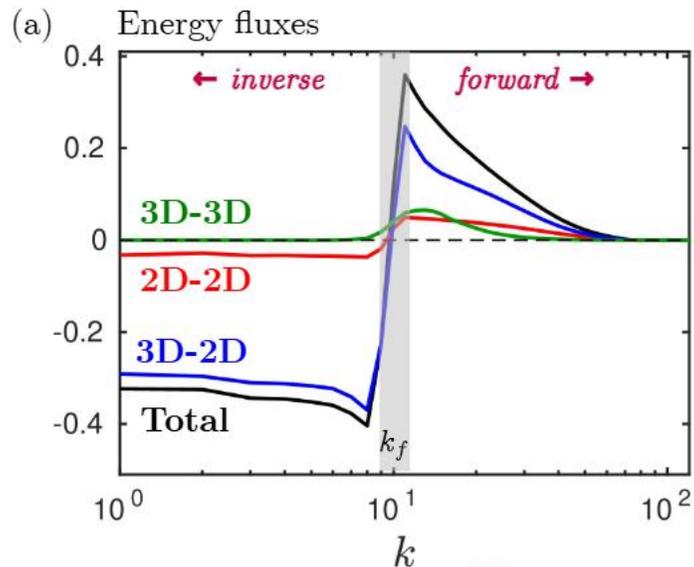
# 2d Condensate - 3d waves interactions

Fast rotation, interactions restricted **close to** resonant:

Waves:

$$\omega_p^s + \omega_q^{s'} \approx 0$$

$$\omega_k^s = 2\Omega s \frac{k_z}{k} \quad s = \pm 1$$



$$\omega_k + \omega_p + \omega_q = 0$$

$$\text{2D: } \omega_k = 0$$

3D

# 2d Condensate - 3d waves interactions

Fast rotation, interactions restricted **close to** resonant:

Waves:

$$\omega_p^s + \omega_q^s \approx 0$$

$$\omega_k^s = 2\Omega s \frac{k_z}{k} \quad s = \pm 1$$

1. Only same helicity waves interact!

$$s = s'$$

# 2d Condensate - 3d waves interactions

Fast rotation, interactions restricted **close to** resonant:

Waves:

$$\omega_p^s + \omega_q^s \approx 0$$

$$\omega_k^s = 2\Omega s \frac{k_z}{k} \quad s = \pm 1$$

1. Only same helicity waves interact!

$$s = s'$$

2. 2d Condensate is large scale



Waves helicity is (approx.)

**conserved**

# 2d Condensate - 3d waves interactions

Fast rotation, interactions restricted **close to** resonant:

Waves:

$$\omega_p^s + \omega_q^s \approx 0$$

$$s = \pm 1$$

$$\omega_k^s = 2\Omega s \frac{k_z}{k}$$

Only same helicity  
waves interact



Waves helicity is (approx.)  
**conserved**



$H^+, H^-$  of the waves  
conserved separately

# 2d Condensate - 3d waves interactions

Only same helicity  
waves interact



Waves helicity is (approx.)  
**conserved**

$$H^+ = \int k E_k^+ dk, H^- = -\int k E_k^- dk \quad \text{conserved for waves}$$

Finite amount of wave energy cannot go to very small  
scales + advection: (positive but vanishing energy flux to small scales)

Transfer **from** 3d **to** 2d condensate

# 2d Condensate - 3d waves interactions

Only same helicity  
waves interact



Waves helicity is (approx.)  
**conserved**

$$H_k^+ = k E_k^+, H_k^- = k E_k^- \text{ conserved for waves}$$

Finite amount of wave energy cannot go to very  
small scales + advection:

Argument for general large  
scale 2D mode

Transfer **from** 3d **to** 2d condensate

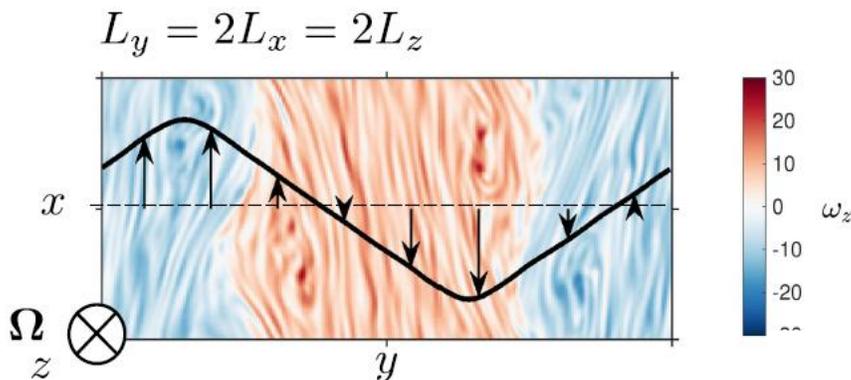
# Puzzles:

Emergent conservation law

- Why is energy transfer directional from 3d to 2d?

- How can waves transfer energy to 2d modes?

- Quantitative: how much energy is transferred to 2D with varying parameters?



$$Ro \propto \frac{1}{\Omega}, Re, \frac{L_y}{l_f}, \frac{L_z}{l_f}, \frac{L_x}{l_f}$$

# Puzzles:

- Why is energy transfer directional from 3d to 2d?

- How can waves transfer energy to 2d modes?

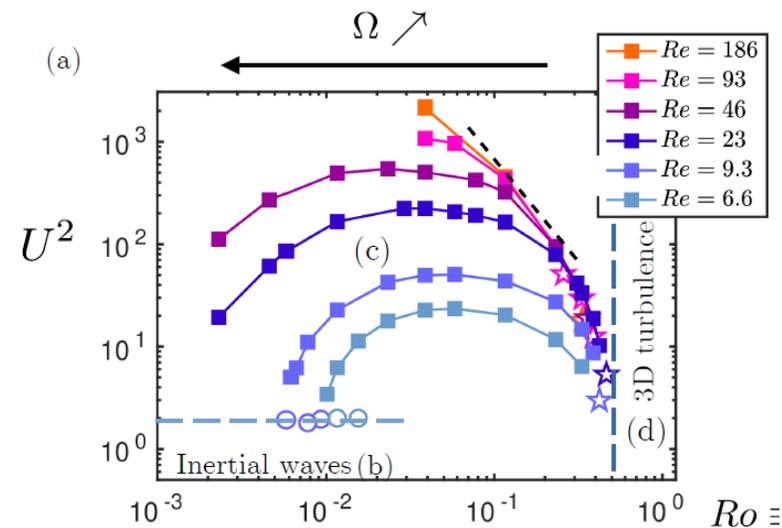
- Quantitative: how much energy is transferred to 2D with varying parameters?

All the energy goes to the condensate?

# Puzzles:

- How can waves transfer energy to 2d modes?
- Quantitative: how much energy is transferred to 2D with varying parameters?

All the energy goes to the condensate?



# 2d Condensate - 3d waves interactions

Fast rotation, interactions restricted **close to** resonant:

Waves:  $\omega_p^s + \omega_q^{s'} < U' = \frac{1}{\tau_U}$   $\omega_k^s = 2\Omega s \frac{k_z}{k}$   $s = \pm 1$

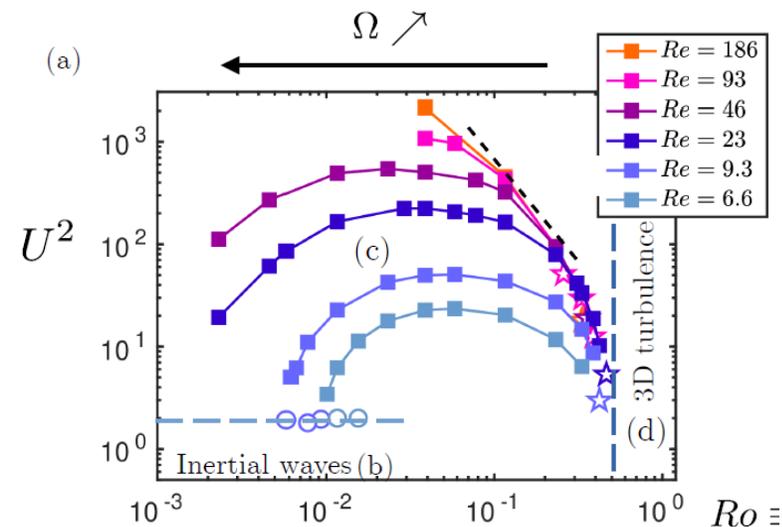
# Puzzles:

- How can waves transfer energy to 2d modes?

- Quantitative: how much energy is transferred to 2D with varying parameters?

2D-3D Interactions are not exactly resonant!

$$\omega_p^s + \omega_q^{s'} < U' = \frac{1}{\tau_U}$$

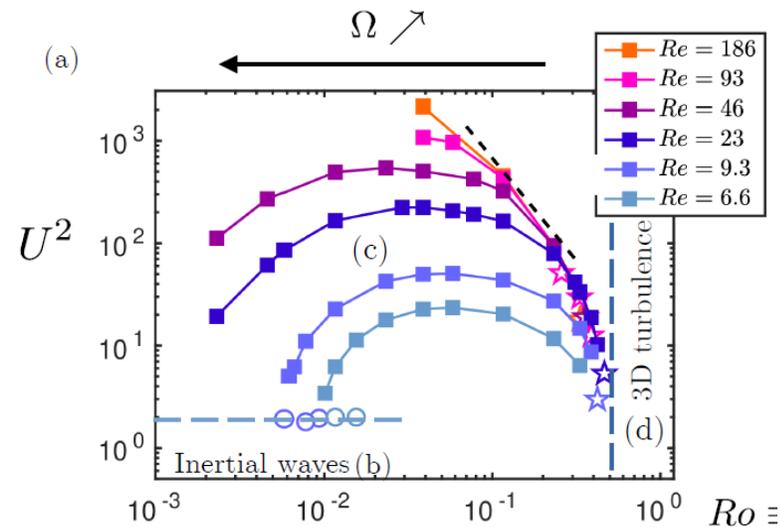


# Puzzles:

- How can waves transfer energy to 2d modes?

- Quantitative: how much energy is transferred to 2D with varying parameters?

$$\omega_p^s + \omega_q^{s'} < U' = \frac{1}{\tau_U}$$



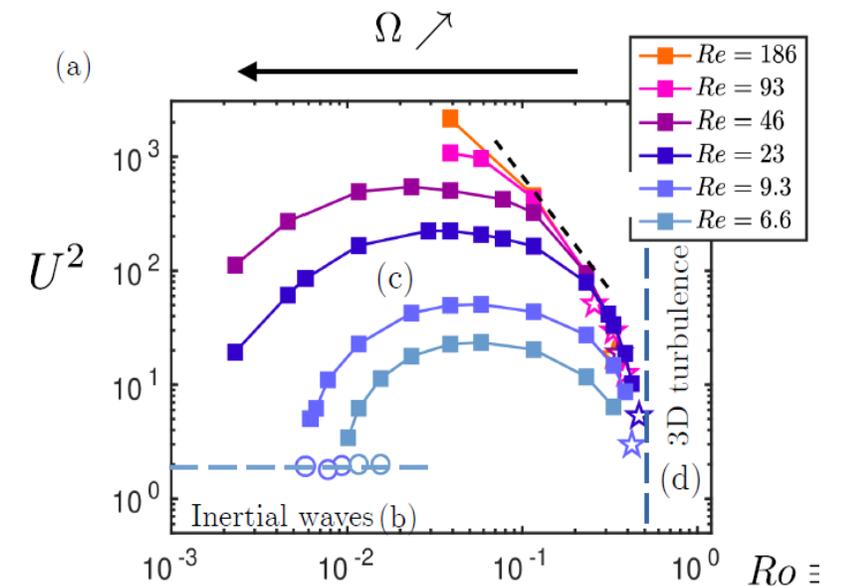
# 2d Condensate - 3d waves interactions

Fast rotation, interactions restricted **close to** resonant:

Waves:

$$\omega_p^s + \omega_q^{s'} < U' = \frac{1}{\tau_U}$$

**3D-2D interactions are selected if they are within this tolerance**



# 2d Condensate - 3d waves interactions

Fast rotation, interactions restricted **close to** resonant:

Waves:

$$\omega_p^s + \omega_q^{s'} < U' = \frac{1}{\tau_U}$$

$$s = \pm 1 \quad \omega_k^s = 2\Omega s \frac{k_z}{k}$$

Energy balance for condensate:

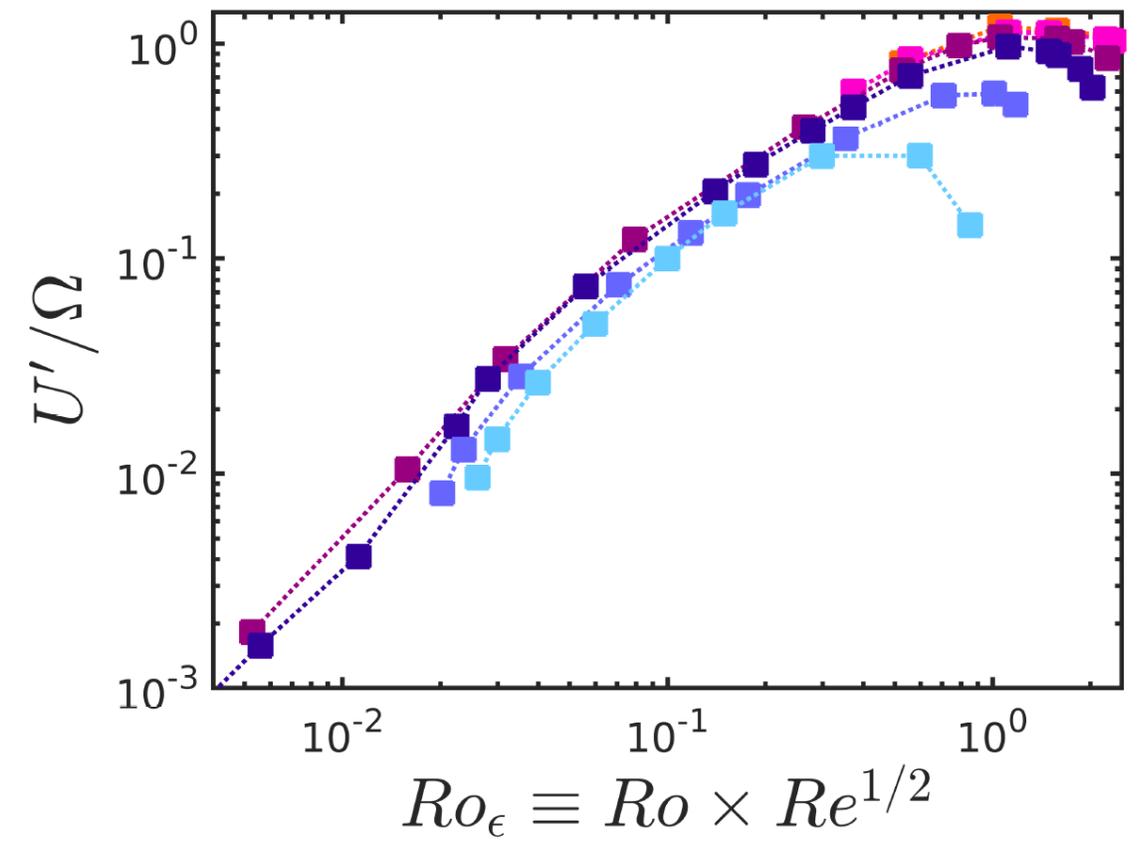
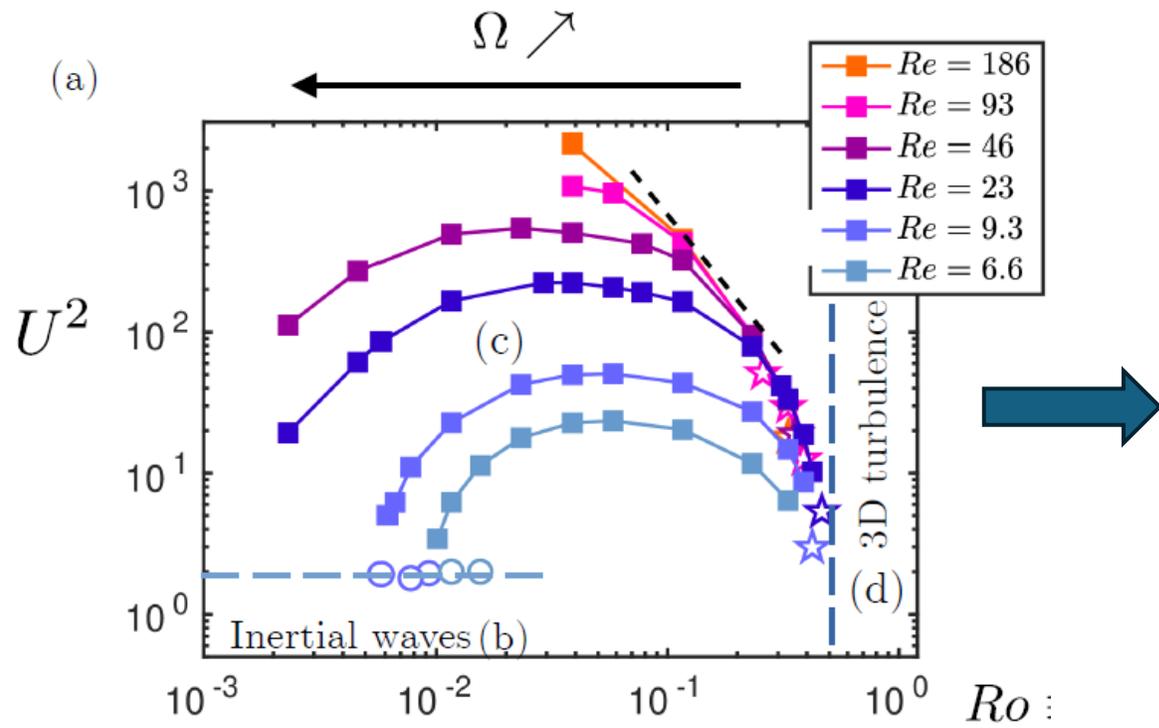
$$\nu U'^2 = \epsilon T_{3D-2D} \left( \frac{U'}{\Omega} \right)$$

Energy dissipation rate by  
condensate

Energy transfer rate  
from 3D to  
condensate

Total energy  
injection rate

# Relevant observable and parameter:



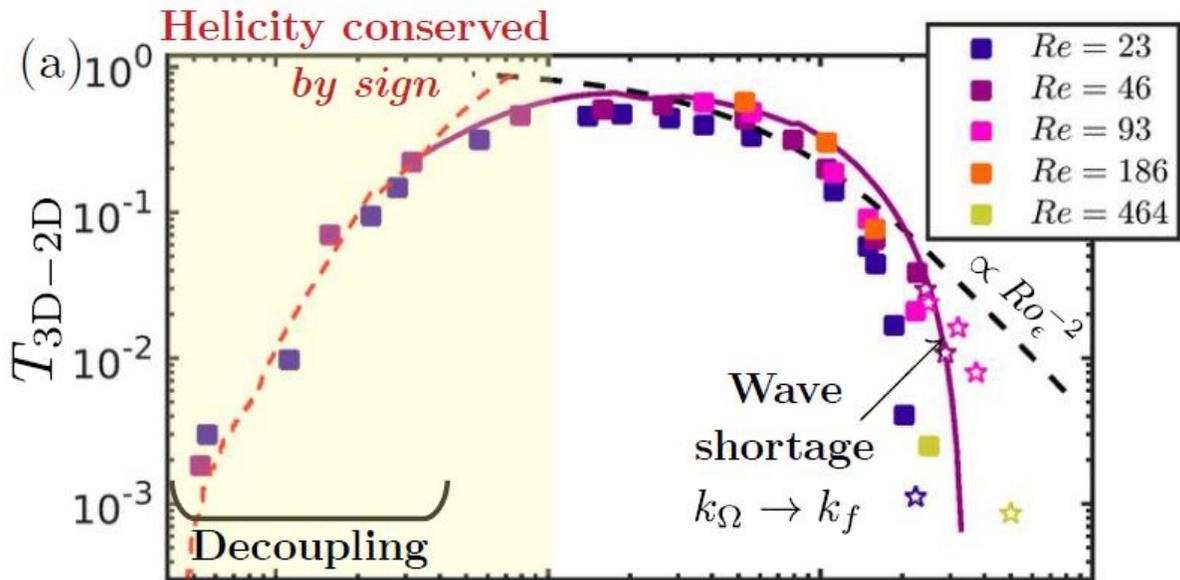
$$Ro \propto \frac{1}{\Omega}, Re$$

Inspired by: Kolokolov, et. al. PRF 2020, Parfenyev, et al. POF (2021).

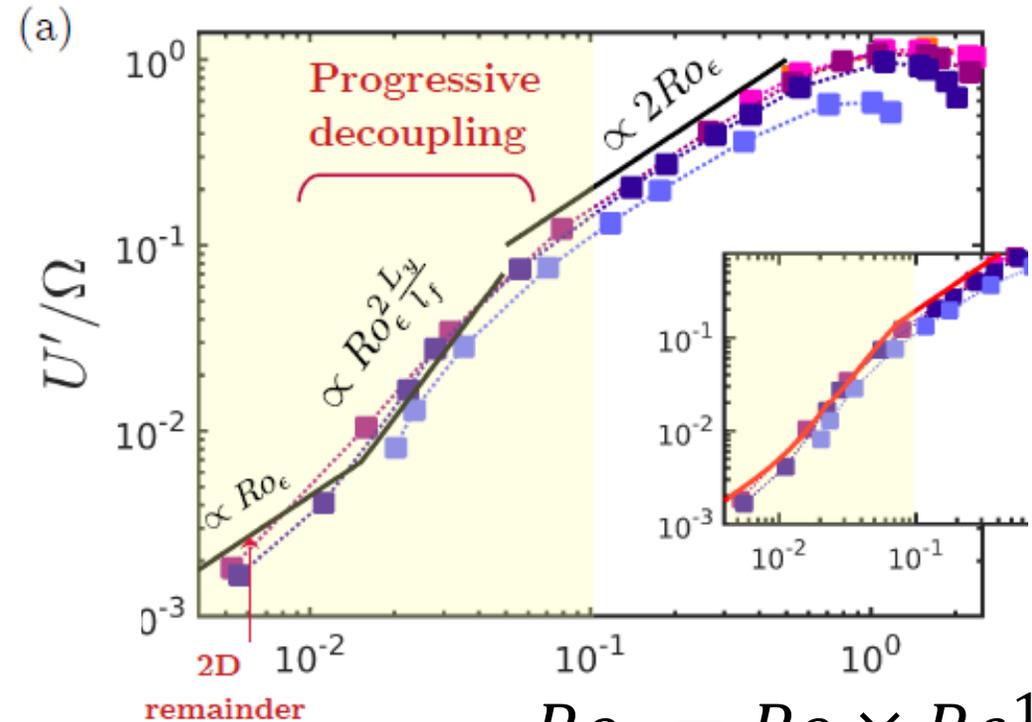
# Most energy reaches condensate:

$$Ro \propto \frac{1}{\Omega}, Re$$

$$\frac{l_f}{2L_y} < Ro_\epsilon \ll \frac{8l_f}{L_x}: \quad U' \sim \sqrt{\frac{\epsilon}{\nu}}$$



$$Ro_\epsilon = Ro \times Re^{1/2}$$



$$Ro_\epsilon = Ro \times Re^{1/2}$$

# 2d Condensate - 3d waves interactions

Fast rotation, interactions restricted **to same helicity**:

Waves:

$$\omega_p^s + \omega_q^s \ll U'$$

$$s = \pm 1$$

$$\omega_p^s \propto s \Omega$$

Becomes too restrictive as  $\frac{U'}{\Omega}$  **decreases**

(finite detuning, if the condensate time scale is slow, interaction averages out to zero)

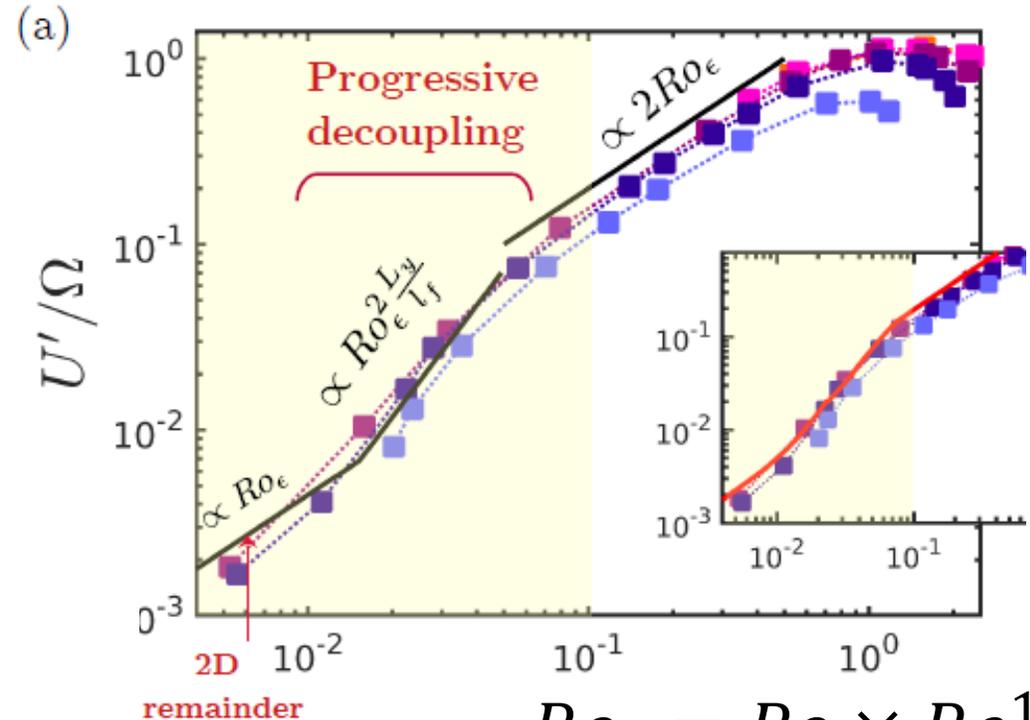
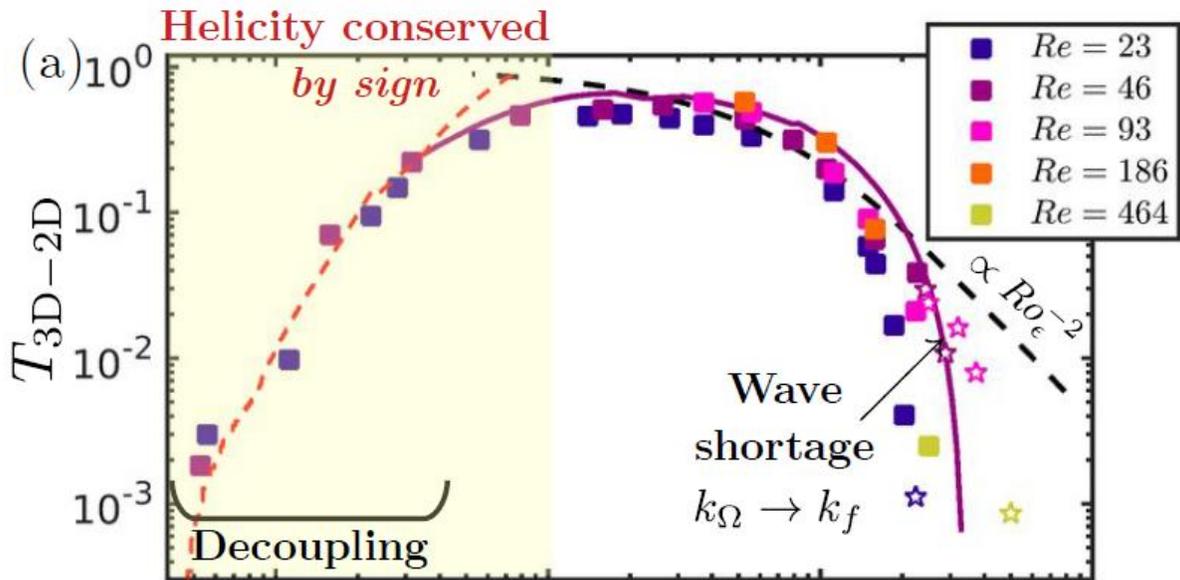
$$\frac{1}{\tau_U} \sim U' \sim \sqrt{\frac{\epsilon}{v}} \ll \frac{2\pi}{L_y} \partial_{p_y} \omega_p^s$$

$$vU'^2 = T_{3D-2D} \left( \frac{U'}{\Omega} \right)$$

# Gradual 3D-2D decoupling for high rotation:

**For more and more modes:**

$$\frac{1}{\tau_U} \sim U' \ll \omega_p^S + \omega_q^S, \quad Ro_\epsilon < \frac{l_f}{2L_y}$$



$$Ro_\epsilon = Ro \times Re^{1/2}$$

$$Ro_\epsilon = Ro \times Re^{1/2}$$

$$Ro \propto \frac{1}{\Omega}, Re$$

# 2d Condensate - 3d waves interactions

Interactions restricted **close to** resonant:

Waves:  $\omega_p^s + \omega_q^{s'} < U' = \frac{1}{\tau_U}$   $\omega_k^s = 2\Omega s \frac{k_z}{k}$   
 $s = \pm 1$

If the frequencies are sufficiently small this condition is not restrictive even for  $s \neq s'$ ...

$$\omega_p^s + \omega_q^{-s} \approx 2\omega_p^s \ll 1/U'$$

# 2d Condensate - 3d waves interactions

Interactions restricted **close to** “resonant”:

Waves:

$$\omega_p^s + \omega_q^{s'} < U' = \frac{1}{\tau_U}$$

$$\omega_k^s = 2\Omega s \frac{k_z}{k}$$

$$s = \pm 1$$

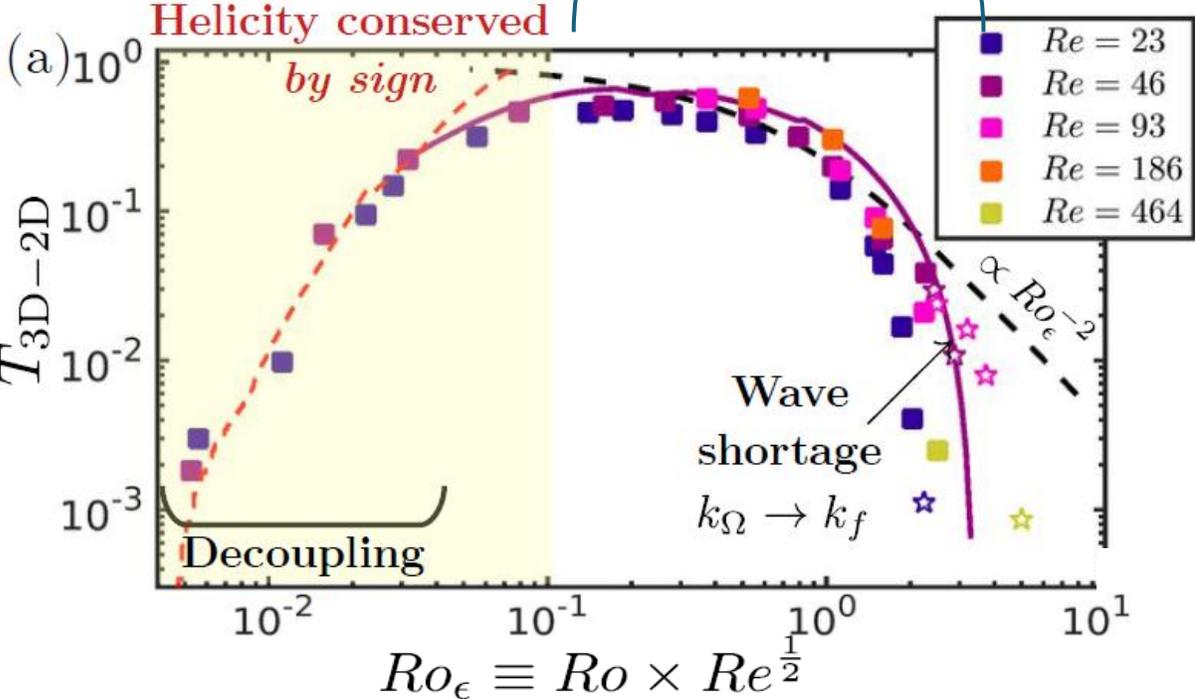
Wave energy is transferred to smaller scales, frequencies decrease, this condition becomes less restrictive...

A sector of waves with interactions **mixing positive and negative helicity** waves appears, **which extracts energy from the condensate.**

$$\omega_p^s + \omega_q^{-s} \approx 2\omega_p^s \ll 1/U'$$

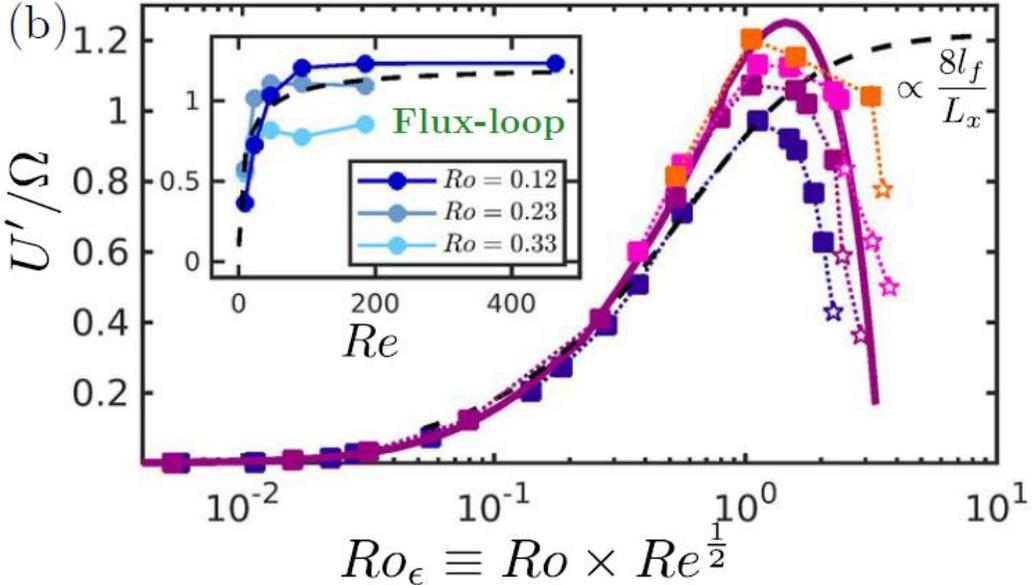
# Inverse and direct transfers co-exist

**Wave-helicity mixing**  
interactions are present



$$Ro_\epsilon > \sim \frac{8l_f}{L_x} :$$

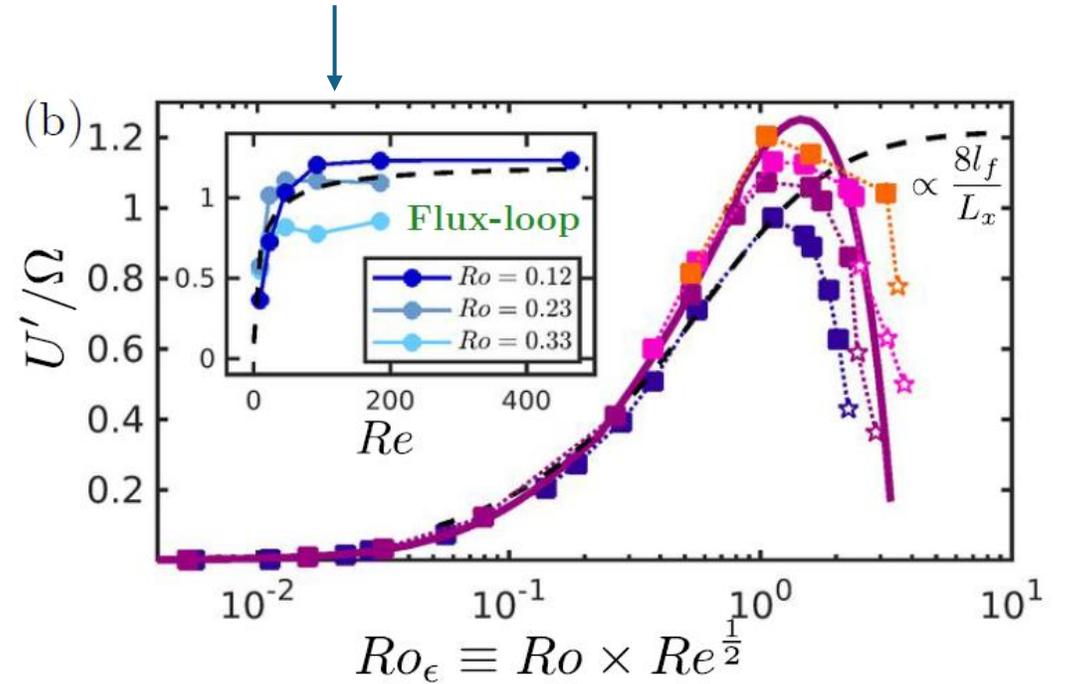
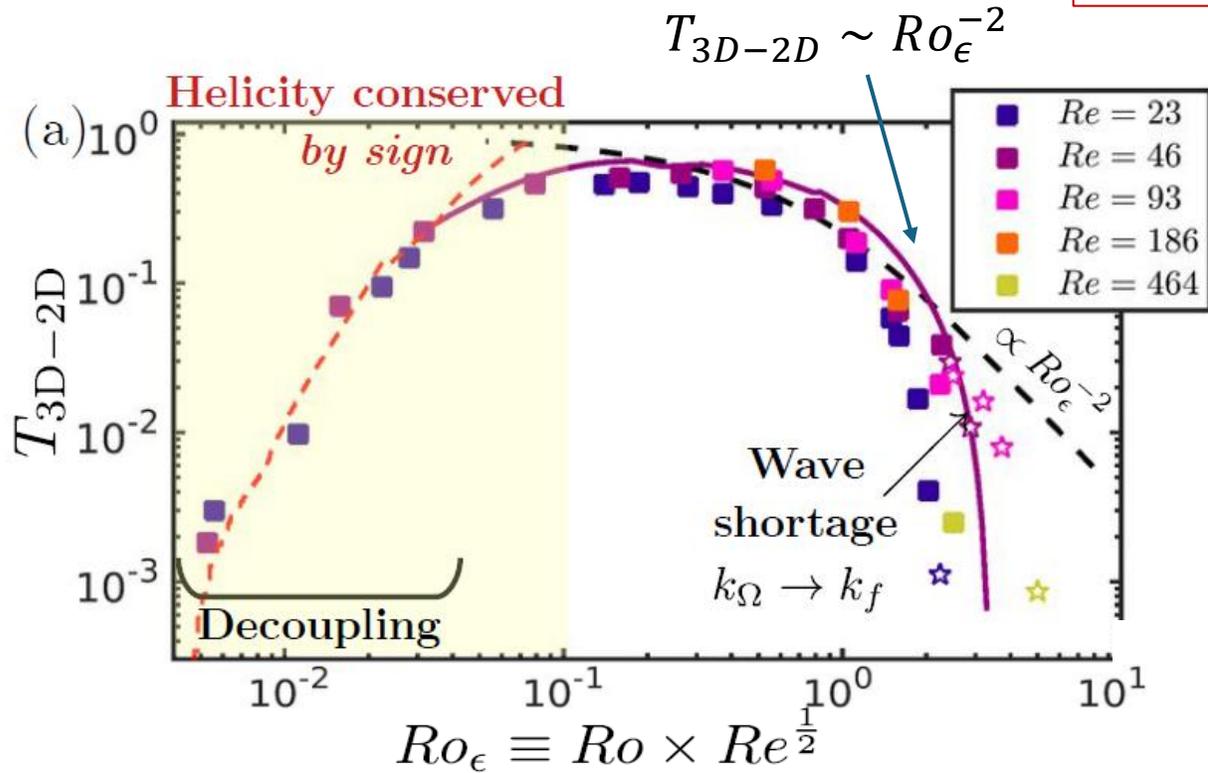
**Wave-helicity mixing**  
interactions are present



The condensate shear rate tunes the size of the conserving/non conserving sectors, such that energy balance is satisfied.

# Increasing Reynolds number? Flux loop

$$\nu U'^2 = \epsilon T_{3D-2D} \left( \frac{U'}{\Omega} \right) \rightarrow 0, U' \sim \Omega$$

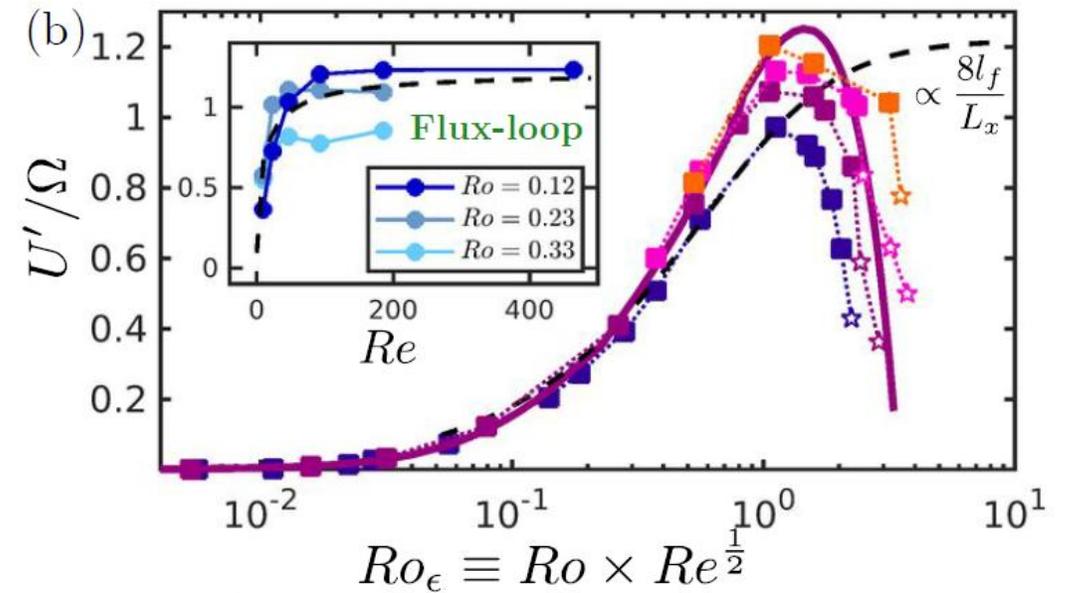
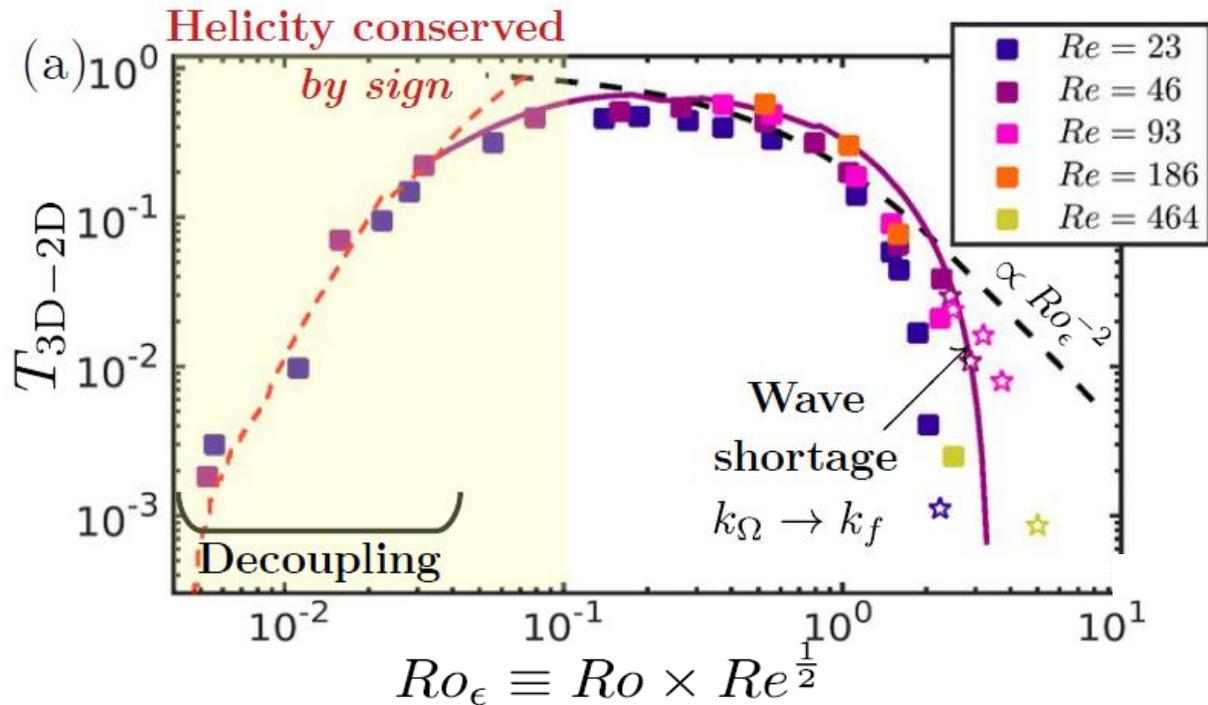


Seshasayanan 2018

$$U' \sim \Omega$$

Asymptotic state: transfer to/from waves almost balanced

# Decreasing rotation: lose the helicity conserving sector



The scaling with  $Ro_\epsilon$  is eventually lost, as modes become unrestricted by rotation

# Summary

- 2d large scale flow gets energy from 3d waves due to (approximate) separate **conservation** of each sign of the helicity for the waves
- For **fast enough rotation** the condensate decorrelates from the waves (gradually)
- For **slow enough rotation**, mixed helicity sign interactions are allowed for some waves, and those extract energy from the condensate

Thank you!

# Take home messages

- **Role of conservation laws...**
- **Waves alter interactions  can generate new conservation laws**
- **Finite time-scale separation gives rise to a rich transitional region**