- Quasiparticles eventually collide with each other. Such collisions eventually leads to thermal equilibration in a chaotic quantum state, but the equilibration takes a long time. In a Fermi liquid, this time diverges as

$$\tau_{\text{eq}} \sim \frac{\hbar E_F}{(k_B T)^2} \quad , \quad \text{as } T \to 0,$$

where E_F is the Fermi energy.